

Resultater – VTR Vemmetofte Vesterskov

2020-02-16

Sort	Lang Herre	(12 / 12)	Tid	Efter		
1.	Janus Høhne	OK Sorø	57:05			
	2:10 (2:10)	1:53 (4:03)	3:12 (7:15)	2:33 (9:48)	2:19 (12:07)	0:48 (12:55)
	1:40 (14:35)	1:35 (16:10)	1:44 (17:54)	1:25 (19:19)	3:18 (22:37)	1:18 (23:55)
	3:27 (27:22)	3:58 (31:20)	3:57 (35:17)	1:57 (37:14)	1:40 (38:54)	1:01 (39:55)
	2:09 (42:04)	2:23 (44:27)	1:49 (46:16)	2:26 (48:42)	3:32 (52:14)	2:26 (54:40)
	1:13 (55:53)	0:30 (56:23)	0:42 (57:05)			
2.	Kristian Juda Husgard	Køge OK	57:59	+0:54		
	1:25 (1:25)	1:46 (3:11)	1:56 (5:07)	2:17 (7:24)	2:01 (9:25)	0:44 (10:09)
	1:37 (11:46)	1:33 (13:19)	2:24 (15:43)	1:29 (17:12)	2:58 (20:10)	1:26 (21:36)
	3:41 (25:17)	4:02 (29:19)	4:46 (34:05)	2:35 (36:40)	1:45 (38:25)	1:02 (39:27)
	2:25 (41:52)	1:56 (43:48)	1:47 (45:35)	3:27 (49:02)	3:29 (52:31)	3:02 (55:33)
	1:08 (56:41)	0:29 (57:10)	0:49 (57:59)			
3.	Claus Cederberg	Ballerup OK	1:02:07	+5:02		
	1:46 (1:46)	1:24 (3:10)	2:37 (5:47)	2:18 (8:05)	2:39 (10:44)	0:53 (11:37)
	1:40 (13:17)	1:51 (15:08)	2:15 (17:23)	1:46 (19:09)	3:29 (22:38)	1:48 (24:26)
	3:51 (28:17)	5:54 (34:11)	4:17 (38:28)	2:28 (40:56)	2:01 (42:57)	1:02 (43:59)
	2:26 (46:25)	2:04 (48:29)	2:02 (50:31)	2:26 (52:57)	3:29 (56:26)	2:57 (59:23)
	1:11 (1:00:34)	0:34 (1:01:08)	0:59 (1:02:07)			
4.	Søren Madsen	OK Sorø	1:07:43	+10:38		
	1:47 (1:47)	1:31 (3:18)	2:34 (5:52)	2:40 (8:32)	2:47 (11:19)	0:57 (12:16)
	1:58 (14:14)	2:11 (16:25)	2:23 (18:48)	1:54 (20:42)	4:15 (24:57)	1:48 (26:45)
	4:31 (31:16)	4:22 (35:38)	6:27 (42:05)	2:37 (44:42)	1:58 (46:40)	1:08 (47:48)
	2:40 (50:28)	2:05 (52:33)	2:09 (54:42)	2:57 (57:39)	3:42 (1:01:21)	3:08 (1:04:29)
	1:18 (1:05:47)	0:40 (1:06:27)	1:16 (1:07:43)			
5.	Jan H Jørgensen	OK Sorø	1:07:53	+10:48		
	2:02 (2:02)	1:35 (3:37)	2:40 (6:17)	2:40 (8:57)	2:57 (11:54)	0:54 (12:48)
	1:51 (14:39)	1:54 (16:33)	2:30 (19:03)	1:48 (20:51)	4:04 (24:55)	1:54 (26:49)
	4:12 (31:01)	4:38 (35:39)	5:11 (40:50)	3:00 (43:50)	2:24 (46:14)	1:14 (47:28)
	2:48 (50:16)	2:57 (53:13)	2:06 (55:19)	2:53 (58:12)	3:48 (1:02:00)	2:55 (1:04:55)
	1:16 (1:06:11)	0:37 (1:06:48)	1:05 (1:07:53)			
6.	Arne Kristensen	Herlufsholm OK	1:09:07	+12:02		
	2:00 (2:00)	1:20 (3:20)	2:26 (5:46)	2:27 (8:13)	2:47 (11:00)	0:52 (11:52)
	1:55 (13:47)	2:25 (16:12)	2:14 (18:26)	1:37 (20:03)	3:31 (23:34)	1:41 (25:15)
	4:18 (29:33)	5:14 (34:47)	4:59 (39:46)	2:44 (42:30)	2:29 (44:59)	1:42 (46:41)
	3:02 (49:43)	2:58 (52:41)	3:23 (56:04)	3:08 (59:12)	3:52 (1:03:04)	2:48 (1:05:52)
	1:26 (1:07:18)	0:38 (1:07:56)	1:11 (1:09:07)			
7.	Stig Møller	OK Sorø	1:11:59	+14:54		
	1:43 (1:43)	2:05 (3:48)	2:23 (6:11)	2:30 (8:41)	2:53 (11:34)	1:08 (12:42)
	3:02 (15:44)	2:09 (17:53)	2:40 (20:33)	1:40 (22:13)	3:28 (25:41)	1:40 (27:21)
	4:35 (31:56)	4:37 (36:33)	6:33 (43:06)	3:35 (46:41)	2:46 (49:27)	1:33 (51:00)
	2:44 (53:44)	2:45 (56:29)	2:29 (58:58)	2:51 (1:01:49)	4:13 (1:06:02)	2:50 (1:08:52)
	1:25 (1:10:17)	0:39 (1:10:56)	1:03 (1:11:59)			
8.	Brian Steen Jørgensen	Holbæk OK	1:16:26	+19:21		
	1:59 (1:59)	1:27 (3:26)	2:56 (6:22)	2:48 (9:10)	2:30 (11:40)	0:52 (12:32)
	1:56 (14:28)	3:59 (18:27)	2:25 (20:52)	1:48 (22:40)	3:22 (26:02)	2:04 (28:06)
	4:04 (32:10)	5:02 (37:12)	5:04 (42:16)	5:45 (48:01)	2:52 (50:53)	1:38 (52:31)
	2:48 (55:19)	2:26 (57:45)	2:15 (1:00:00)	5:41 (1:05:41)	4:03 (1:09:44)	3:45 (1:13:29)
	1:31 (1:15:00)	0:39 (1:15:39)	0:47 (1:16:26)			
9.	Jørgen Pedersen	Akademisk skytteforening	1:19:19	+22:14		
	2:21 (2:21)	3:31 (5:52)	2:51 (8:43)	2:36 (11:19)	2:55 (14:14)	1:08 (15:22)
	2:14 (17:36)	2:42 (20:18)	2:26 (22:44)	1:47 (24:31)	4:09 (28:40)	1:46 (30:26)
	5:54 (36:20)	5:41 (42:01)	5:34 (47:35)	3:08 (50:43)	2:26 (53:09)	1:20 (54:29)
	3:11 (57:40)	3:17 (1:00:57)	3:07 (1:04:04)	3:42 (1:07:46)	4:46 (1:12:32)	3:12 (1:15:44)
	1:41 (1:17:25)	0:39 (1:18:04)	1:15 (1:19:19)			
10.	Jesper Munch Jespersen	OK Sorø	1:25:48	+28:43		
	1:59 (1:59)	1:26 (3:25)	3:27 (6:52)	4:31 (11:23)	3:06 (14:29)	0:54 (15:23)
	5:35 (20:58)	2:59 (23:57)	3:27 (27:24)	1:50 (29:14)	4:44 (33:58)	2:27 (36:25)
	5:50 (42:15)	8:21 (50:36)	5:30 (56:06)	3:45 (59:51)	2:09 (1:02:00)	1:12 (1:03:12)
	2:44 (1:05:56)	2:08 (1:08:04)	2:14 (1:10:18)	3:40 (1:13:58)	5:19 (1:19:17)	3:21 (1:22:38)

1:28 (1:24:06)	0:38 (1:24:44)	1:04 (1:25:48)			
11. Henrik Tølløse	Hvalsø OK	1:32:52	+35:47		
2:20 (2:20)	1:47 (4:07)	3:12 (7:19)	3:16 (10:35)	3:37 (14:12)	1:05 (15:17)
2:23 (17:40)	2:13 (19:53)	2:56 (22:49)	2:07 (24:56)	4:42 (29:38)	1:57 (31:35)
5:21 (36:56)	6:50 (43:46)	10:09 (53:55)	4:38 (58:33)	3:38 (1:02:11)	1:35 (1:03:46)
3:30 (1:07:16)	3:10 (1:10:26)	2:59 (1:13:25)	3:25 (1:16:50)	8:43 (1:25:33)	3:43 (1:29:16)
1:42 (1:30:58)	0:39 (1:31:37)	1:15 (1:32:52)			
Søren Fertin	Holbæk OK	Fejlklip			
– (–)	– (4:32)	2:22 (6:54)	2:39 (9:33)	2:32 (12:05)	1:08 (13:13)
2:14 (15:27)	4:44 (20:11)	2:21 (22:32)	1:46 (24:18)	4:04 (28:22)	1:37 (29:59)
4:07 (34:06)	5:12 (39:18)	4:58 (44:16)	2:30 (46:46)	2:45 (49:31)	1:16 (50:47)
3:00 (53:47)	2:32 (56:19)	2:28 (58:47)	4:24 (1:03:11)	3:42 (1:06:53)	2:55 (1:09:48)
1:25 (1:11:13)	0:51 (1:12:04)	0:57 (1:13:01)			

Sort Lang Dame

(2 / 2)

Tid

Efter

1. Astrid Riis	Holbæk OK	1:18:17			
1:50 (1:50)	1:41 (3:31)	2:20 (5:51)	3:07 (8:58)	3:08 (12:06)	1:35 (13:41)
2:38 (16:19)	2:08 (18:27)	3:26 (21:53)	2:00 (23:53)	6:35 (30:28)	2:21 (32:49)
5:03 (37:52)	5:06 (42:58)	5:29 (48:27)	3:17 (51:44)	2:10 (53:54)	1:16 (55:10)
3:20 (58:30)	2:54 (1:01:24)	2:23 (1:03:47)	3:40 (1:07:27)	4:15 (1:11:42)	3:13 (1:14:55)
1:37 (1:16:32)	0:37 (1:17:09)	1:08 (1:18:17)			
2. Christine Svendsen	OK Roskilde	1:28:28	+10:11		
2:22 (2:22)	5:30 (7:52)	2:35 (10:27)	2:55 (13:22)	2:55 (16:17)	1:06 (17:23)
2:13 (19:36)	2:13 (21:49)	2:33 (24:22)	1:52 (26:14)	4:10 (30:24)	2:01 (32:25)
5:54 (38:19)	6:57 (45:16)	5:43 (50:59)	3:21 (54:20)	5:28 (59:48)	1:53 (1:01:41)
3:22 (1:05:03)	3:14 (1:08:17)	2:53 (1:11:10)	3:50 (1:15:00)	5:43 (1:20:43)	3:48 (1:24:31)
1:57 (1:26:28)	0:43 (1:27:11)	1:17 (1:28:28)			

Sort Mellem Herre

(18 / 18)

Tid

Efter

1. Christian Olsen	Amager OK	55:53			
2:21 (2:21)	4:02 (6:23)	2:36 (8:59)	3:18 (12:17)	2:11 (14:28)	4:12 (18:40)
3:50 (22:30)	1:43 (24:13)	2:23 (26:36)	3:12 (29:48)	1:40 (31:28)	3:33 (35:01)
3:47 (38:48)	3:20 (42:08)	1:45 (43:53)	2:49 (46:42)	1:31 (48:13)	1:19 (49:32)
3:09 (52:41)	1:48 (54:29)	0:32 (55:01)	0:52 (55:53)		
2. Jakob Søndergaard Jensen	OK Roskilde	56:57	+1:04		
1:50 (1:50)	3:30 (5:20)	3:39 (8:59)	2:38 (11:37)	2:15 (13:52)	4:29 (18:21)
3:42 (22:03)	1:49 (23:52)	2:12 (26:04)	2:39 (28:43)	1:37 (30:20)	3:32 (33:52)
4:38 (38:30)	3:05 (41:35)	2:50 (44:25)	2:53 (47:18)	1:31 (48:49)	1:20 (50:09)
3:43 (53:52)	1:23 (55:15)	0:40 (55:55)	1:02 (56:57)		
3. Karsten Hansen	Køge OK	57:12	+1:19		
2:09 (2:09)	4:11 (6:20)	3:04 (9:24)	2:51 (12:15)	2:27 (14:42)	5:58 (20:40)
4:14 (24:54)	1:39 (26:33)	2:04 (28:37)	2:31 (31:08)	1:49 (32:57)	3:30 (36:27)
3:40 (40:07)	3:29 (43:36)	1:44 (45:20)	2:53 (48:13)	1:17 (49:30)	1:32 (51:02)
3:17 (54:19)	1:22 (55:41)	0:38 (56:19)	0:53 (57:12)		
4. Claus Rasmussen	OK Roskilde	59:13	+3:20		
1:55 (1:55)	3:07 (5:02)	3:31 (8:33)	2:30 (11:03)	2:10 (13:13)	4:35 (17:48)
4:00 (21:48)	1:52 (23:40)	2:18 (25:58)	2:31 (28:29)	2:07 (30:36)	3:33 (34:09)
4:51 (39:00)	4:28 (43:28)	2:13 (45:41)	3:08 (48:49)	1:25 (50:14)	1:52 (52:06)
3:40 (55:46)	1:36 (57:22)	0:41 (58:03)	1:10 (59:13)		
5. Carsten Mogensen	Køge OK	1:02:05	+6:12		
2:16 (2:16)	3:48 (6:04)	3:21 (9:25)	3:11 (12:36)	2:29 (15:05)	4:47 (19:52)
3:59 (23:51)	2:15 (26:06)	2:45 (28:51)	2:50 (31:41)	2:05 (33:46)	4:01 (37:47)
6:48 (44:35)	3:22 (47:57)	1:55 (49:52)	3:00 (52:52)	1:22 (54:14)	1:20 (55:34)
3:12 (58:46)	1:35 (1:00:21)	0:38 (1:00:59)	1:06 (1:02:05)		
6. Kristian Kærsgaard	OK Sorø	1:04:29	+8:36		
1:56 (1:56)	3:26 (5:22)	2:43 (8:05)	2:52 (10:57)	3:02 (13:59)	5:20 (19:19)
4:44 (24:03)	1:51 (25:54)	2:48 (28:42)	4:33 (33:15)	2:00 (35:15)	3:51 (39:06)
4:30 (43:36)	4:00 (47:36)	2:05 (49:41)	3:47 (53:28)	1:42 (55:10)	1:56 (57:06)
3:57 (1:01:03)	1:28 (1:02:31)	0:47 (1:03:18)	1:11 (1:04:29)		
7. Tobias Høhne	OK Sorø	1:06:10	+10:17		
1:49 (1:49)	10:53 (12:42)	2:43 (15:25)	2:40 (18:05)	3:24 (21:29)	5:00 (26:29)

	3:51 (30:20)	2:50 (33:10)	2:20 (35:30)	2:36 (38:06)	1:39 (39:45)	3:51 (43:36)
	4:20 (47:56)	3:02 (50:58)	1:58 (52:56)	2:57 (55:53)	1:28 (57:21)	1:30 (58:51)
	3:55 (1:02:46)	1:18 (1:04:04)	1:03 (1:05:07)	1:03 (1:06:10)		
8.	Peter Lauritzen	Holbæk OK	1:08:25	+12:32		
	3:04 (3:04)	4:26 (7:30)	3:11 (10:41)	3:01 (13:42)	2:52 (16:34)	5:14 (21:48)
	4:35 (26:23)	2:16 (28:39)	2:55 (31:34)	3:03 (34:37)	1:56 (36:33)	4:22 (40:55)
	4:48 (45:43)	4:21 (50:04)	2:27 (52:31)	3:47 (56:18)	1:42 (58:00)	2:08 (1:00:08)
	4:45 (1:04:53)	1:49 (1:06:42)	0:43 (1:07:25)	1:00 (1:08:25)		
9.	Jesper Allan Jensen	OK Roskilde	1:16:40	+20:47		
	2:23 (2:23)	4:24 (6:47)	3:19 (10:06)	3:18 (13:24)	3:11 (16:35)	5:28 (22:03)
	5:51 (27:54)	2:31 (30:25)	2:49 (33:14)	3:15 (36:29)	3:06 (39:35)	5:03 (44:38)
	6:55 (51:33)	4:30 (56:03)	2:49 (58:52)	4:28 (1:03:20)	2:04 (1:05:24)	2:04 (1:07:28)
	5:05 (1:12:33)	1:49 (1:14:22)	1:08 (1:15:30)	1:10 (1:16:40)		
10.	Tom Hansen	Køge OK	1:17:12	+21:19		
	3:02 (3:02)	5:26 (8:28)	3:41 (12:09)	3:34 (15:43)	2:30 (18:13)	6:21 (24:34)
	4:53 (29:27)	2:44 (32:11)	2:58 (35:09)	3:06 (38:15)	2:27 (40:42)	4:37 (45:19)
	6:44 (52:03)	4:48 (56:51)	2:34 (59:25)	3:59 (1:03:24)	2:05 (1:05:29)	1:58 (1:07:27)
	6:19 (1:13:46)	1:44 (1:15:30)	0:48 (1:16:18)	0:54 (1:17:12)		
11.	Anders Fertin	Uden klub	1:19:10	+23:17		
	3:52 (3:52)	3:57 (7:49)	3:16 (11:05)	3:30 (14:35)	3:02 (17:37)	4:38 (22:15)
	4:22 (26:37)	2:47 (29:24)	2:56 (32:20)	2:48 (35:08)	2:49 (37:57)	4:05 (42:02)
	7:19 (49:21)	7:10 (56:31)	3:13 (59:44)	7:01 (1:06:45)	2:03 (1:08:48)	1:43 (1:10:31)
	4:06 (1:14:37)	2:55 (1:17:32)	0:41 (1:18:13)	0:57 (1:19:10)		
12.	Niels Aabye	Ballerup OK	1:24:18	+28:25		
	3:12 (3:12)	5:16 (8:28)	3:17 (11:45)	3:46 (15:31)	3:09 (18:40)	6:24 (25:04)
	5:11 (30:15)	2:54 (33:09)	3:03 (36:12)	5:29 (41:41)	2:15 (43:56)	4:54 (48:50)
	4:48 (53:38)	7:17 (1:00:55)	2:23 (1:03:18)	4:36 (1:07:54)	2:20 (1:10:14)	3:29 (1:13:43)
	4:40 (1:18:23)	2:29 (1:20:52)	1:56 (1:22:48)	1:30 (1:24:18)		
13.	Morten Nissen	O-63	1:27:37	+31:44		
	2:35 (2:35)	4:45 (7:20)	3:27 (10:47)	3:46 (14:33)	3:06 (17:39)	6:32 (24:11)
	4:45 (28:56)	2:27 (31:23)	3:06 (34:29)	8:35 (43:04)	2:28 (45:32)	4:43 (50:15)
	6:44 (56:59)	9:46 (1:06:45)	2:41 (1:09:26)	4:28 (1:13:54)	2:52 (1:16:46)	1:55 (1:18:41)
	4:47 (1:23:28)	2:01 (1:25:29)	0:48 (1:26:17)	1:20 (1:27:37)		
14.	Kim Folander	FSK Orientering	1:28:08	+32:15		
	3:49 (3:49)	5:55 (9:44)	4:16 (14:00)	4:07 (18:07)	3:36 (21:43)	7:11 (28:54)
	5:58 (34:52)	2:51 (37:43)	3:15 (40:58)	4:11 (45:09)	2:48 (47:57)	5:04 (53:01)
	5:34 (58:35)	5:06 (1:03:41)	2:58 (1:06:39)	4:35 (1:11:14)	2:21 (1:13:35)	2:32 (1:16:07)
	6:47 (1:22:54)	2:29 (1:25:23)	1:06 (1:26:29)	1:39 (1:28:08)		
15.	Anders Juhl Thomsen	OK Roskilde	1:28:10			
	2:30 (2:30)	6:33 (9:03)	3:50 (12:53)	4:46 (17:39)	3:03 (20:42)	5:50 (26:32)
	6:34 (33:06)	2:19 (35:25)	4:01 (39:26)	3:50 (43:16)	2:58 (46:14)	4:59 (51:13)
	5:52 (57:05)	6:34 (1:03:39)	2:56 (1:06:35)	– (–)	– (–)	– (–)
	– (1:24:18)	1:51 (1:26:09)	0:50 (1:26:59)	1:11 (1:28:10)		
16.	Bent Jensen	Holbæk OK	1:30:50	+34:57		
	2:47 (2:47)	7:24 (10:11)	3:27 (13:38)	3:29 (17:07)	3:40 (20:47)	6:24 (27:11)
	6:40 (33:51)	3:18 (37:09)	4:50 (41:59)	3:52 (45:51)	2:24 (48:15)	5:09 (53:24)
	6:47 (1:00:11)	5:26 (1:05:37)	2:46 (1:08:23)	4:26 (1:12:49)	2:18 (1:15:07)	7:03 (1:22:10)
	5:02 (1:27:12)	1:36 (1:28:48)	0:53 (1:29:41)	1:09 (1:30:50)		
	Gregers Jørgensen	Ballerup OK	Fejlklip			
	2:07 (2:07)	3:50 (5:57)	2:59 (8:56)	3:01 (11:57)	2:37 (14:34)	5:11 (19:45)
	5:10 (24:55)	2:12 (27:07)	2:53 (30:00)	3:06 (33:06)	2:00 (35:06)	3:49 (38:55)
	3:58 (42:53)	5:42 (48:35)	– (–)	– (58:55)	1:24 (1:00:19)	1:30 (1:01:49)

3:11 (1:05:00)	1:31 (1:06:31)	0:43 (1:07:14)	1:08 (1:08:22)		
Lars Carstensen	Køge OK	Fejlklip			
2:31 (2:31)	3:49 (6:20)	4:29 (10:49)	3:18 (14:07)	3:49 (17:56)	5:22 (23:18)
4:42 (28:00)	2:09 (30:09)	2:42 (32:51)	3:19 (36:10)	2:30 (38:40)	5:28 (44:08)
– (–)	– (55:08)	2:33 (57:41)	4:19 (1:02:00)	2:32 (1:04:32)	2:17 (1:06:49)
5:23 (1:12:12)	4:38 (1:16:50)	0:42 (1:17:32)	1:14 (1:18:46)		
Sort Mellem Dame	(6 / 6)	Tid	Efter		
1. Hanne Fogh	FSK Orientering	1:02:57			
1:58 (1:58)	3:34 (5:32)	2:52 (8:24)	3:01 (11:25)	2:29 (13:54)	5:13 (19:07)
4:38 (23:45)	2:16 (26:01)	2:31 (28:32)	2:57 (31:29)	1:55 (33:24)	3:50 (37:14)
4:33 (41:47)	4:57 (46:44)	2:10 (48:54)	3:20 (52:14)	1:33 (53:47)	1:32 (55:19)
4:11 (59:30)	1:38 (1:01:08)	0:38 (1:01:46)	1:11 (1:02:57)		
2. Anne Marie Thommesen	Ballerup OK	1:03:40	+0:43		
2:07 (2:07)	5:12 (7:19)	3:14 (10:33)	2:51 (13:24)	2:28 (15:52)	4:59 (20:51)
3:40 (24:31)	2:22 (26:53)	2:25 (29:18)	3:21 (32:39)	1:55 (34:34)	3:44 (38:18)
4:22 (42:40)	4:05 (46:45)	2:14 (48:59)	3:26 (52:25)	1:30 (53:55)	1:53 (55:48)
4:05 (59:53)	1:58 (1:01:51)	0:39 (1:02:30)	1:10 (1:03:40)		
3. Rita Breum	PI-København	1:09:52	+6:55		
2:54 (2:54)	4:30 (7:24)	3:09 (10:33)	2:55 (13:28)	2:28 (15:56)	6:14 (22:10)
4:23 (26:33)	2:07 (28:40)	3:19 (31:59)	2:41 (34:40)	1:51 (36:31)	3:51 (40:22)
4:02 (44:24)	5:46 (50:10)	5:22 (55:32)	4:28 (1:00:00)	1:26 (1:01:26)	1:35 (1:03:01)
3:25 (1:06:26)	1:34 (1:08:00)	0:44 (1:08:44)	1:08 (1:09:52)		
4. Lise Ravnhøj Andersen	Herlufsholm OK	1:10:02	+7:05		
3:00 (3:00)	4:08 (7:08)	4:16 (11:24)	3:37 (15:01)	3:10 (18:11)	5:22 (23:33)
4:42 (28:15)	2:26 (30:41)	2:28 (33:09)	3:17 (36:26)	1:45 (38:11)	4:09 (42:20)
5:24 (47:44)	3:56 (51:40)	2:18 (53:58)	3:33 (57:31)	1:44 (59:15)	1:51 (1:01:06)
5:15 (1:06:21)	1:49 (1:08:10)	0:55 (1:09:05)	0:57 (1:10:02)		
5. Jette Grimstrup	Køge OK	1:11:21	+8:24		
2:55 (2:55)	4:59 (7:54)	2:58 (10:52)	3:12 (14:04)	2:39 (16:43)	5:36 (22:19)
5:47 (28:06)	2:53 (30:59)	2:59 (33:58)	3:14 (37:12)	2:06 (39:18)	4:32 (43:50)
4:52 (48:42)	4:08 (52:50)	2:22 (55:12)	3:55 (59:07)	1:49 (1:00:56)	1:56 (1:02:52)
4:35 (1:07:27)	1:45 (1:09:12)	0:43 (1:09:55)	1:26 (1:11:21)		
6. Janni Fischer	Ballerup OK	1:14:41	+11:44		
2:31 (2:31)	4:04 (6:35)	3:23 (9:58)	3:51 (13:49)	3:24 (17:13)	5:30 (22:43)
4:44 (27:27)	2:07 (29:34)	3:31 (33:05)	3:16 (36:21)	2:03 (38:24)	4:20 (42:44)
6:06 (48:50)	6:08 (54:58)	3:01 (57:59)	5:52 (1:03:51)	1:50 (1:05:41)	2:04 (1:07:45)
3:33 (1:11:18)	1:37 (1:12:55)	0:39 (1:13:34)	1:07 (1:14:41)		
Sort Kort Herre u. 60	(9 / 9)	Tid	Efter		
1. Jesper Jensen	Farum OK	41:16	+3:04		
3:31 (3:31)	2:57 (6:28)	3:15 (9:43)	3:06 (12:49)	1:07 (13:56)	3:39 (17:35)
2:09 (19:44)	4:25 (24:09)	0:42 (24:51)	3:36 (28:27)	2:53 (31:20)	1:31 (32:51)
1:01 (33:52)	4:50 (38:42)	0:49 (39:31)	1:45 (41:16)		
2. Morten Jensen	OK Roskilde	41:27	+3:15		
2:44 (2:44)	2:27 (5:11)	2:41 (7:52)	3:04 (10:56)	0:59 (11:55)	3:56 (15:51)
2:33 (18:24)	4:27 (22:51)	0:33 (23:24)	3:46 (27:10)	3:40 (30:50)	1:36 (32:26)
1:15 (33:41)	5:51 (39:32)	0:40 (40:12)	1:15 (41:27)		
3. Henning Jeppesen	Køge OK	41:56	+3:44		
4:03 (4:03)	2:56 (6:59)	3:26 (10:25)	2:45 (13:10)	1:02 (14:12)	4:03 (18:15)
2:14 (20:29)	4:46 (25:15)	0:30 (25:45)	2:59 (28:44)	2:22 (31:06)	2:10 (33:16)
2:20 (35:36)	4:45 (40:21)	0:34 (40:55)	1:01 (41:56)		
4. Niels Torm	Køge OK	44:01	+5:49		
3:20 (3:20)	3:16 (6:36)	3:07 (9:43)	3:20 (13:03)	1:08 (14:11)	4:29 (18:40)
2:32 (21:12)	4:51 (26:03)	0:30 (26:33)	4:02 (30:35)	3:05 (33:40)	1:43 (35:23)
1:10 (36:33)	5:20 (41:53)	0:46 (42:39)	1:22 (44:01)		
5. Martin Petersen	Holbæk OK	48:34	+10:22		
2:58 (2:58)	3:49 (6:47)	3:01 (9:48)	3:51 (13:39)	1:14 (14:53)	7:03 (21:56)
3:17 (25:13)	6:31 (31:44)	0:30 (32:14)	3:31 (35:45)	2:45 (38:30)	1:37 (40:07)

	1:34 (41:41)	5:05 (46:46)	0:44 (47:30)	1:04 (48:34)		
6.	Lars Sørensen	OK Øst	50:45	+12:33		
	3:26 (3:26)	3:31 (6:57)	3:28 (10:25)	3:53 (14:18)	1:25 (15:43)	5:34 (21:17)
	3:46 (25:03)	5:28 (30:31)	0:41 (31:12)	4:36 (35:48)	3:29 (39:17)	1:55 (41:12)
	1:25 (42:37)	5:44 (48:21)	0:46 (49:07)	1:38 (50:45)		
7.	Anton Lauritzen	Holbæk OK	57:17	+19:05		
	3:26 (3:26)	4:21 (7:47)	4:05 (11:52)	4:22 (16:14)	1:29 (17:43)	5:27 (23:10)
	3:13 (26:23)	5:46 (32:09)	0:27 (32:36)	7:08 (39:44)	4:13 (43:57)	2:22 (46:19)
	1:44 (48:03)	7:17 (55:20)	0:53 (56:13)	1:04 (57:17)		
8.	Morten Løjmand	Herlufsholm OK	57:30	+19:18		
	3:57 (3:57)	3:37 (7:34)	3:46 (11:20)	4:26 (15:46)	1:54 (17:40)	7:03 (24:43)
	3:51 (28:34)	5:45 (34:19)	0:40 (34:59)	4:22 (39:21)	4:06 (43:27)	2:21 (45:48)
	1:48 (47:36)	7:27 (55:03)	1:00 (56:03)	1:27 (57:30)		
UFK	Jan Thiesen	Holbæk OK	38:12			
	2:36 (2:36)	4:53 (7:29)	2:27 (9:56)	2:44 (12:40)	0:52 (13:32)	3:43 (17:15)
	2:21 (19:36)	3:58 (23:34)	0:29 (24:03)	3:07 (27:10)	2:50 (30:00)	1:26 (31:26)
	1:03 (32:29)	3:59 (36:28)	0:44 (37:12)	1:00 (38:12)		

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Efter

1.	Aksel Andersen	OK Roskilde	39:15			
	2:36 (2:36)	2:22 (4:58)	2:34 (7:32)	3:14 (10:46)	0:56 (11:42)	4:21 (16:03)
	2:15 (18:18)	4:27 (22:45)	0:42 (23:27)	3:32 (26:59)	3:16 (30:15)	1:34 (31:49)
	1:21 (33:10)	4:19 (37:29)	0:40 (38:09)	1:06 (39:15)		
2.	Peter Sørensen	PI-København	39:56	+0:41		
	3:07 (3:07)	3:02 (6:09)	3:03 (9:12)	2:55 (12:07)	1:47 (13:54)	3:49 (17:43)
	2:20 (20:03)	4:05 (24:08)	0:33 (24:41)	3:19 (28:00)	2:51 (30:51)	1:25 (32:16)
	1:15 (33:31)	4:38 (38:09)	0:35 (38:44)	1:12 (39:56)		
3.	Henrik Nielsen	Holbæk OK	41:11	+1:56		
	2:37 (2:37)	2:35 (5:12)	2:49 (8:01)	3:23 (11:24)	0:59 (12:23)	4:29 (16:52)
	2:33 (19:25)	4:49 (24:14)	0:38 (24:52)	3:37 (28:29)	3:07 (31:36)	1:45 (33:21)
	1:31 (34:52)	4:34 (39:26)	0:36 (40:02)	1:09 (41:11)		
4.	Gunnar Grue-Sørensen	Køge OK	41:55	+2:40		
	2:50 (2:50)	2:44 (5:34)	2:55 (8:29)	3:14 (11:43)	1:04 (12:47)	3:58 (16:45)
	2:38 (19:23)	4:28 (23:51)	0:38 (24:29)	3:47 (28:16)	3:32 (31:48)	1:46 (33:34)
	1:21 (34:55)	4:55 (39:50)	0:47 (40:37)	1:18 (41:55)		
5.	Mogens Hald Kristensen	OK Roskilde	42:56	+3:41		
	2:56 (2:56)	2:54 (5:50)	3:46 (9:36)	3:36 (13:12)	0:59 (14:11)	4:26 (18:37)
	2:45 (21:22)	4:27 (25:49)	0:34 (26:23)	3:36 (29:59)	2:59 (32:58)	1:36 (34:34)
	1:13 (35:47)	5:14 (41:01)	0:51 (41:52)	1:04 (42:56)		
6.	Knud Madsen	OK Sorø	43:23	+4:08		
	3:10 (3:10)	3:08 (6:18)	3:11 (9:29)	3:19 (12:48)	1:06 (13:54)	4:18 (18:12)
	2:27 (20:39)	4:39 (25:18)	0:34 (25:52)	3:55 (29:47)	3:10 (32:57)	1:43 (34:40)
	1:30 (36:10)	5:00 (41:10)	0:44 (41:54)	1:29 (43:23)		
7.	Hans Henrik Juda	Køge OK	43:26	+4:11		
	3:00 (3:00)	3:02 (6:02)	2:50 (8:52)	3:07 (11:59)	1:00 (12:59)	4:02 (17:01)
	2:49 (19:50)	6:40 (26:30)	0:34 (27:04)	3:45 (30:49)	2:44 (33:33)	1:45 (35:18)
	1:19 (36:37)	4:54 (41:31)	0:41 (42:12)	1:14 (43:26)		
8.	Asger Jensen	OK Roskilde	45:10	+5:55		
	3:20 (3:20)	3:52 (7:12)	3:15 (10:27)	3:21 (13:48)	1:06 (14:54)	4:11 (19:05)
	2:32 (21:37)	4:37 (26:14)	0:44 (26:58)	3:36 (30:34)	2:55 (33:29)	1:42 (35:11)
	1:42 (36:53)	6:05 (42:58)	0:44 (43:42)	1:28 (45:10)		
9.	Jørgen Kristensen	OK Roskilde	45:26	+6:11		
	3:06 (3:06)	3:13 (6:19)	3:02 (9:21)	3:38 (12:59)	1:07 (14:06)	4:38 (18:44)
	3:21 (22:05)	4:34 (26:39)	0:36 (27:15)	4:14 (31:29)	3:19 (34:48)	1:43 (36:31)
	1:31 (38:02)	5:38 (43:40)	0:40 (44:20)	1:06 (45:26)		
10.	John Tripax	OK Roskilde	46:09	+6:54		
	3:01 (3:01)	4:38 (7:39)	3:41 (11:20)	3:24 (14:44)	1:12 (15:56)	4:04 (20:00)
	2:30 (22:30)	4:35 (27:05)	0:35 (27:40)	4:06 (31:46)	3:31 (35:17)	1:46 (37:03)
	1:40 (38:43)	5:20 (44:03)	0:45 (44:48)	1:21 (46:09)		
11.	Karsten Richardt	Køge OK	48:05	+8:50		
	3:24 (3:24)	3:10 (6:34)	3:19 (9:53)	3:50 (13:43)	1:18 (15:01)	4:38 (19:39)
	2:42 (22:21)	5:30 (27:51)	0:37 (28:28)	4:25 (32:53)	3:37 (36:30)	1:55 (38:25)
	1:41 (40:06)	5:57 (46:03)	0:48 (46:51)	1:14 (48:05)		
12.	Flemming Svendsen	Køge OK	48:16	+9:01		
	3:49 (3:49)	4:03 (7:52)	3:21 (11:13)	3:43 (14:56)	1:11 (16:07)	5:03 (21:10)
	3:06 (24:16)	4:42 (28:58)	0:39 (29:37)	3:53 (33:30)	3:28 (36:58)	2:20 (39:18)

	1:50 (41:08)	5:04 (46:12)	0:55 (47:07)	1:09 (48:16)		
13.	Helmuth Hansen	Herlufsholm OK	50:52	+11:37		
	2:56 (2:56)	3:05 (6:01)	3:05 (9:06)	3:55 (13:01)	1:26 (14:27)	5:33 (20:00)
	3:10 (23:10)	5:31 (28:41)	0:34 (29:15)	4:44 (33:59)	3:55 (37:54)	2:06 (40:00)
	1:51 (41:51)	5:59 (47:50)	1:42 (49:32)	1:20 (50:52)		
14.	Steen Fladberg	Køge OK	53:47	+14:32		
	3:09 (3:09)	3:50 (6:59)	3:36 (10:35)	3:31 (14:06)	1:13 (15:19)	4:53 (20:12)
	2:55 (23:07)	5:27 (28:34)	0:34 (29:08)	4:09 (33:17)	10:11 (43:28)	1:55 (45:23)
	1:21 (46:44)	5:06 (51:50)	0:45 (52:35)	1:12 (53:47)		
15.	Anders Bang	Køge OK	1:04:53	+25:38		
	3:51 (3:51)	4:45 (8:36)	4:14 (12:50)	4:19 (17:09)	1:33 (18:42)	7:07 (25:49)
	4:22 (30:11)	5:52 (36:03)	0:41 (36:44)	4:18 (41:02)	3:29 (44:31)	2:05 (46:36)
	1:38 (48:14)	5:18 (53:32)	9:40 (1:03:12)	1:41 (1:04:53)		

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Tid

Efter

1.	Teresa Søndergaard Pohl	OK Roskilde	41:53			
	2:45 (2:45)	4:37 (7:22)	2:40 (10:02)	3:04 (13:06)	0:56 (14:02)	4:30 (18:32)
	2:07 (20:39)	3:50 (24:29)	0:29 (24:58)	3:36 (28:34)	2:53 (31:27)	1:52 (33:19)
	2:36 (35:55)	4:33 (40:28)	0:34 (41:02)	0:51 (41:53)		
2.	Birgit Børsting	Herlufsholm OK	45:14	+3:21		
	2:50 (2:50)	2:56 (5:46)	4:09 (9:55)	3:33 (13:28)	1:09 (14:37)	4:20 (18:57)
	2:28 (21:25)	5:00 (26:25)	0:33 (26:58)	4:05 (31:03)	3:21 (34:24)	2:08 (36:32)
	1:38 (38:10)	5:02 (43:12)	0:49 (44:01)	1:13 (45:14)		
3.	Annette Bonde	Ballerup OK	48:18	+6:25		
	3:11 (3:11)	2:52 (6:03)	3:25 (9:28)	3:34 (13:02)	1:10 (14:12)	4:09 (18:21)
	2:48 (21:09)	4:55 (26:04)	0:34 (26:38)	3:56 (30:34)	3:15 (33:49)	1:47 (35:36)
	3:58 (39:34)	6:31 (46:05)	0:48 (46:53)	1:25 (48:18)		
4.	Nina Okkels	OK Sorø	50:28	+8:35		
	2:58 (2:58)	3:12 (6:10)	4:12 (10:22)	3:43 (14:05)	1:13 (15:18)	4:28 (19:46)
	2:20 (22:06)	4:32 (26:38)	0:39 (27:17)	3:46 (31:03)	4:18 (35:21)	5:14 (40:35)
	1:57 (42:32)	5:47 (48:19)	0:44 (49:03)	1:25 (50:28)		
5.	Merete Kleist	OK Sorø	54:36	+12:43		
	3:28 (3:28)	6:27 (9:55)	3:06 (13:01)	3:28 (16:29)	1:14 (17:43)	6:19 (24:02)
	2:55 (26:57)	5:51 (32:48)	0:35 (33:23)	3:55 (37:18)	3:49 (41:07)	1:54 (43:01)
	2:19 (45:20)	7:17 (52:37)	0:53 (53:30)	1:06 (54:36)		
6.	Maja Maria Zwolinska	OK Sorø	1:00:07	+18:14		
	4:52 (4:52)	7:32 (12:24)	5:47 (18:11)	3:45 (21:56)	1:23 (23:19)	5:02 (28:21)
	2:56 (31:17)	5:10 (36:27)	0:58 (37:25)	3:54 (41:19)	6:38 (47:57)	1:57 (49:54)
	2:19 (52:13)	5:49 (58:02)	0:55 (58:57)	1:10 (1:00:07)		
7.	Sofie Okkels	OK Sorø	1:00:16	+18:23		
	3:11 (3:11)	4:09 (7:20)	4:31 (11:51)	4:37 (16:28)	1:58 (18:26)	6:29 (24:55)
	3:37 (28:32)	6:11 (34:43)	0:24 (35:07)	4:40 (39:47)	5:27 (45:14)	5:12 (50:26)
	2:04 (52:30)	5:39 (58:09)	0:48 (58:57)	1:19 (1:00:16)		

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Tid

Efter

1.	Gerda Marie Christiansen	Køge OK	49:41			
	3:41 (3:41)	3:19 (7:00)	3:30 (10:30)	4:41 (15:11)	1:28 (16:39)	5:16 (21:55)
	2:57 (24:52)	5:01 (29:53)	0:37 (30:30)	4:13 (34:43)	3:26 (38:09)	2:16 (40:25)
	1:32 (41:57)	5:37 (47:34)	0:48 (48:22)	1:19 (49:41)		
2.	Merete Ravnshøj Andersen	Herlufsholm OK	55:27	+5:46		
	3:26 (3:26)	3:37 (7:03)	3:43 (10:46)	4:08 (14:54)	1:23 (16:17)	6:37 (22:54)
	3:24 (26:18)	5:44 (32:02)	0:39 (32:41)	4:08 (36:49)	5:33 (42:22)	3:18 (45:40)
	1:49 (47:29)	5:48 (53:17)	0:51 (54:08)	1:19 (55:27)		
3.	Berit N. Pedersen	Køge OK	1:13:37	+23:56		
	4:50 (4:50)	4:47 (9:37)	5:06 (14:43)	5:07 (19:50)	1:45 (21:35)	8:17 (29:52)
	4:17 (34:09)	7:16 (41:25)	0:54 (42:19)	5:30 (47:49)	10:12 (58:01)	2:33 (1:00:34)
	2:06 (1:02:40)	8:17 (1:10:57)	0:49 (1:11:46)	1:51 (1:13:37)		

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Tid

Efter

1.	Claus Mikkelsen	Herlufsholm OK	56:11			
	3:49 (3:49)	4:19 (8:08)	5:30 (13:38)	4:06 (17:44)	5:22 (23:06)	7:03 (30:09)
	4:42 (34:51)	5:19 (40:10)	6:45 (46:55)	3:52 (50:47)	2:17 (53:04)	3:07 (56:11)

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Tid

Efter

1.	Jørgen Larsen	Køge OK	38:44				
	2:16 (2:16)	3:10 (5:26)	3:53 (9:19)	2:51 (12:10)	4:08 (16:18)	4:53 (21:11)	
	3:00 (24:11)	3:08 (27:19)	4:42 (32:01)	2:45 (34:46)	1:42 (36:28)	2:16 (38:44)	
2.	Ole Svendsen	OK Roskilde	40:36	+1:52			
	2:28 (2:28)	2:31 (4:59)	4:10 (9:09)	3:27 (12:36)	3:48 (16:24)	4:53 (21:17)	
	3:22 (24:39)	3:59 (28:38)	4:58 (33:36)	2:55 (36:31)	1:51 (38:22)	2:14 (40:36)	
3.	Jesper R. Mortensen	Herlufsholm OK	41:56	+3:12			
	2:23 (2:23)	4:51 (7:14)	4:09 (11:23)	3:54 (15:17)	4:38 (19:55)	4:49 (24:44)	
	2:59 (27:43)	3:25 (31:08)	4:49 (35:57)	2:17 (38:14)	1:32 (39:46)	2:10 (41:56)	
4.	Erik Løvgren	Køge OK	47:22	+8:38			
	4:57 (4:57)	4:38 (9:35)	4:18 (13:53)	3:38 (17:31)	4:12 (21:43)	5:08 (26:51)	
	3:22 (30:13)	5:04 (35:17)	4:55 (40:12)	2:55 (43:07)	1:41 (44:48)	2:34 (47:22)	
5.	Niels Henrik Holscher	O-63	49:31	+10:47			
	3:20 (3:20)	2:56 (6:16)	5:37 (11:53)	3:59 (15:52)	6:22 (22:14)	5:48 (28:02)	
	4:43 (32:45)	3:53 (36:38)	4:49 (41:27)	3:38 (45:05)	2:13 (47:18)	2:13 (49:31)	
6.	Mogens Jensen	Holbæk OK	52:31	+13:47			
	4:46 (4:46)	3:25 (8:11)	5:20 (13:31)	5:24 (18:55)	5:09 (24:04)	5:19 (29:23)	
	4:54 (34:17)	4:14 (38:31)	5:24 (43:55)	3:54 (47:49)	2:18 (50:07)	2:24 (52:31)	
7.	Preben Kristensen	OK Roskilde	54:16	+15:32			
	3:43 (3:43)	3:59 (7:42)	6:12 (13:54)	4:18 (18:12)	5:31 (23:43)	6:02 (29:45)	
	4:18 (34:03)	4:27 (38:30)	6:26 (44:56)	3:41 (48:37)	2:51 (51:28)	2:48 (54:16)	
8.	Henning Rasmussen	OK Roskilde	1:00:54	+22:10			
	6:30 (6:30)	3:28 (9:58)	4:39 (14:37)	9:17 (23:54)	4:33 (28:27)	5:53 (34:20)	
	8:52 (43:12)	4:07 (47:19)	4:40 (51:59)	3:43 (55:42)	2:35 (58:17)	2:37 (1:00:54)	
9.	Kurt Dose	Køge OK	1:00:57	+22:13			
	4:01 (4:01)	4:43 (8:44)	6:18 (15:02)	5:01 (20:03)	5:59 (26:02)	7:15 (33:17)	
	5:03 (38:20)	5:07 (43:27)	6:08 (49:35)	3:41 (53:16)	4:44 (58:00)	2:57 (1:00:57)	
10.	Erik Molnit	Stevns	1:01:08	+22:24			
	3:56 (3:56)	3:23 (7:19)	5:34 (12:53)	5:42 (18:35)	9:50 (28:25)	6:24 (34:49)	
	5:07 (39:56)	4:55 (44:51)	6:20 (51:11)	4:13 (55:24)	2:17 (57:41)	3:27 (1:01:08)	
11.	Torben Nielsen	Køge OK	1:01:35	+22:51			
	4:04 (4:04)	6:18 (10:22)	6:05 (16:27)	5:29 (21:56)	5:35 (27:31)	6:34 (34:05)	
	4:19 (38:24)	4:53 (43:17)	7:43 (51:00)	5:00 (56:00)	2:40 (58:40)	2:55 (1:01:35)	
12.	Svend Fladberg	Køge OK	1:04:19	+25:35			
	4:06 (4:06)	3:31 (7:37)	9:00 (16:37)	14:15 (30:52)	4:55 (35:47)	6:22 (42:09)	
	4:20 (46:29)	3:55 (50:24)	5:31 (55:55)	3:31 (59:26)	2:08 (1:01:34)	2:45 (1:04:19)	
13.	Finn Olsen	OK Roskilde	1:13:16	+34:32			
	5:16 (5:16)	4:54 (10:10)	8:39 (18:49)	7:09 (25:58)	7:29 (33:27)	8:12 (41:39)	
	5:40 (47:19)	5:43 (53:02)	8:55 (1:01:57)	4:46 (1:06:43)	2:58 (1:09:41)	3:35 (1:13:16)	

Blå Mini Dame u. 60

(4 / 4)

Tid

Efter

1.	Søs Munch Hansen	OK Sorø	38:27				
	2:22 (2:22)	2:16 (4:38)	4:07 (8:45)	3:29 (12:14)	3:38 (15:52)	4:40 (20:32)	
	3:17 (23:49)	3:31 (27:20)	4:38 (31:58)	2:37 (34:35)	1:33 (36:08)	2:19 (38:27)	
2.	Jannie Nielsen	Holbæk OK	54:51	+16:24			
	3:19 (3:19)	3:20 (6:39)	5:26 (12:05)	7:04 (19:09)	4:29 (23:38)	6:02 (29:40)	
	5:08 (34:48)	5:46 (40:34)	6:14 (46:48)	3:18 (50:06)	1:54 (52:00)	2:51 (54:51)	
3.	Susan Hansen	Køge OK	57:39	+19:12			
	4:08 (4:08)	3:49 (7:57)	6:12 (14:09)	5:54 (20:03)	6:35 (26:38)	6:26 (33:04)	
	4:35 (37:39)	4:53 (42:32)	6:17 (48:49)	3:59 (52:48)	2:18 (55:06)	2:33 (57:39)	
4.	Rita Løjmand	Herlufsholm OK	1:09:41	+31:14			
	4:30 (4:30)	3:44 (8:14)	11:59 (20:13)	5:36 (25:49)	7:12 (33:01)	6:15 (39:16)	
	6:40 (45:56)	4:37 (50:33)	7:55 (58:28)	4:31 (1:02:59)	3:35 (1:06:34)	3:07 (1:09:41)	

Blå Mini Dame o. 60

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Tid

Efter

1.	Inge Jørgensen	OK Roskilde	44:01				
	3:06 (3:06)	3:06 (6:12)	7:00 (13:12)	3:24 (16:36)	3:52 (20:28)	5:00 (25:28)	
	3:07 (28:35)	3:59 (32:34)	4:41 (37:15)	2:37 (39:52)	2:05 (41:57)	2:04 (44:01)	
2.	Ane Veierskov	OK Roskilde	53:06	+9:05			
	4:27 (4:27)	4:34 (9:01)	4:59 (14:00)	4:19 (18:19)	4:41 (23:00)	6:16 (29:16)	
	4:05 (33:21)	4:52 (38:13)	6:04 (44:17)	3:48 (48:05)	2:06 (50:11)	2:55 (53:06)	
3.	Birgit Berner	Køge OK	56:04	+12:03			
	2:59 (2:59)	3:13 (6:12)	5:36 (11:48)	11:47 (23:35)	5:00 (28:35)	6:31 (35:06)	
	4:07 (39:13)	3:51 (43:04)	4:48 (47:52)	3:38 (51:30)	2:21 (53:51)	2:13 (56:04)	
4.	Grethe Larsen	Køge OK	1:09:47	+25:46			

4:00 (4:00)	3:34 (7:34)	8:26 (16:00)	14:15 (30:15)	5:28 (35:43)	6:31 (42:14)
7:57 (50:11)	4:41 (54:52)	6:27 (1:01:19)	3:29 (1:04:48)	2:10 (1:06:58)	2:49 (1:09:47)
Lena Hansen	Herlufsholm OK	Udgået			
5:27 (5:27)	5:17 (10:44)	10:25 (21:09) – (–)		– (–)	– (–)
– (35:47)	– (–)	– (–)	– (–)	– (–)	– (–)
Gul Herre	(4 / 4)	Tid	Efter		
1. Mads Ottar Jespersen	OK Sorø	51:39			
1:53 (1:53)	1:01 (2:54)	2:18 (5:12)	3:21 (8:33)	2:16 (10:49)	0:38 (11:27)
2:19 (13:46)	3:30 (17:16)	2:33 (19:49)	4:09 (23:58)	7:13 (31:11)	3:53 (35:04)
7:27 (42:31)	2:41 (45:12)	4:33 (49:45)	0:47 (50:32)	1:07 (51:39)	
2. Tobias Fertin	Stevns	59:49	+8:10		
2:03 (2:03)	0:45 (2:48)	2:12 (5:00)	3:05 (8:05)	1:44 (9:49)	0:32 (10:21)
1:51 (12:12)	2:09 (14:21)	15:40 (30:01)	2:48 (32:49)	5:30 (38:19)	4:25 (42:44)
4:59 (47:43)	6:13 (53:56)	4:10 (58:06)	0:42 (58:48)	1:01 (59:49)	
3. Jan Thiesen	Holbæk OK	1:00:00	+8:21		
3:06 (3:06)	0:58 (4:04)	2:15 (6:19)	3:08 (9:27)	2:14 (11:41)	0:40 (12:21)
1:48 (14:09)	2:41 (16:50)	2:26 (19:16)	6:06 (25:22)	7:24 (32:46)	4:46 (37:32)
8:38 (46:10)	4:48 (50:58)	6:36 (57:34)	1:15 (58:49)	1:11 (1:00:00)	
3. Jan Brangstrup	Stevns	1:00:14	+8:35		
3:02 (3:02)	1:11 (4:13)	3:20 (7:33)	3:40 (11:13)	2:30 (13:43)	1:02 (14:45)
2:05 (16:50)	2:59 (19:49)	3:54 (23:43)	4:12 (27:55)	7:11 (35:06)	4:15 (39:21)
8:15 (47:36)	4:00 (51:36)	6:50 (58:26)	0:51 (59:17)	0:57 (1:00:14)	
UFK Jan Thiesen	Holbæk OK	1:00:00	+8:21		
3:06 (3:06)	0:58 (4:04)	2:15 (6:19)	3:08 (9:27)	2:14 (11:41)	0:40 (12:21)
1:48 (14:09)	2:41 (16:50)	2:26 (19:16)	6:06 (25:22)	7:24 (32:46)	4:46 (37:32)
8:38 (46:10)	4:48 (50:58)	6:36 (57:34)	1:15 (58:49)	1:11 (1:00:00)	
Gul Dame	(5 / 5)	Tid	Efter		
1. Alma Okkels Jensen	OK Sorø	46:09			
1:31 (1:31)	0:53 (2:24)	2:06 (4:30)	3:03 (7:33)	2:03 (9:36)	0:31 (10:07)
1:49 (11:56)	2:27 (14:23)	1:55 (16:18)	2:42 (19:00)	7:58 (26:58)	3:50 (30:48)
6:01 (36:49)	2:57 (39:46)	4:32 (44:18)	0:41 (44:59)	1:10 (46:09)	
2. Eva Høhne	OK Sorø	52:21	+6:12		
1:56 (1:56)	1:11 (3:07)	2:17 (5:24)	4:17 (9:41)	1:59 (11:40)	0:35 (12:15)
2:45 (15:00)	3:09 (18:09)	2:37 (20:46)	5:08 (25:54)	6:18 (32:12)	3:24 (35:36)
8:12 (43:48)	2:46 (46:34)	4:01 (50:35)	0:40 (51:15)	1:06 (52:21)	
3. Iris Møller	OK Sorø	59:49	+13:40		
2:00 (2:00)	0:59 (2:59)	2:43 (5:42)	3:41 (9:23)	2:51 (12:14)	0:41 (12:55)
2:45 (15:40)	2:44 (18:24)	2:45 (21:09)	8:13 (29:22)	6:27 (35:49)	4:38 (40:27)
8:13 (48:40)	3:09 (51:49)	5:44 (57:33)	0:50 (58:23)	1:26 (59:49)	
4. Carla Petersen	Holbæk OK	1:00:00	+13:51		
3:06 (3:06)	0:53 (3:59)	2:24 (6:23)	3:04 (9:27)	2:13 (11:40)	0:41 (12:21)
1:48 (14:09)	2:40 (16:49)	2:27 (19:16)	6:04 (25:20)	7:26 (32:46)	4:46 (37:32)
8:38 (46:10)	4:47 (50:57)	6:37 (57:34)	1:15 (58:49)	1:11 (1:00:00)	
5. Helene Brangstrup	Stevns	1:00:53	+14:44		
2:58 (2:58)	1:16 (4:14)	3:14 (7:28)	3:38 (11:06)	2:42 (13:48)	0:53 (14:41)
2:11 (16:52)	3:03 (19:55)	3:57 (23:52)	4:21 (28:13)	6:45 (34:58)	4:54 (39:52)
7:57 (47:49)	3:50 (51:39)	6:42 (58:21)	1:02 (59:23)	1:30 (1:00:53)	
Hvid Herre	(3 / 3)	Tid	Efter		
1. Viiktor Koziara	Køge OK	25:09			
1:44 (1:44)	0:51 (2:35)	1:23 (3:58)	3:43 (7:41)	2:31 (10:12)	2:24 (12:36)
3:25 (16:01)	2:11 (18:12)	3:45 (21:57)	2:06 (24:03)	1:06 (25:09)	
2. Claus Koziara	Køge OK	25:51	+0:42		
1:47 (1:47)	0:57 (2:44)	1:10 (3:54)	3:57 (7:51)	2:39 (10:30)	2:17 (12:47)
3:09 (15:56)	2:17 (18:13)	3:54 (22:07)	2:10 (24:17)	1:34 (25:51)	
3. Birger Jarlkov	Køge OK	37:54	+12:45		
2:09 (2:09)	1:23 (3:32)	2:13 (5:45)	5:14 (10:59)	3:53 (14:52)	3:19 (18:11)
4:44 (22:55)	3:36 (26:31)	5:37 (32:08)	3:33 (35:41)	2:13 (37:54)	
Hvid Dame	(4 / 4)	Tid	Efter		
1. Frederikke Mundus	Køge OK	35:57			
1:43 (1:43)	1:04 (2:47)	1:55 (4:42)	8:53 (13:35)	2:40 (16:15)	3:03 (19:18)
4:14 (23:32)	2:51 (26:23)	4:49 (31:12)	2:52 (34:04)	1:53 (35:57)	

2.	Lene Mundus	Køge OK	39:32	+3:35		
	3:20 (3:20)	1:50 (5:10)	1:46 (6:56)	5:19 (12:15)	3:48 (16:03)	3:19 (19:22)
	5:04 (24:26)	3:27 (27:53)	6:08 (34:01)	3:18 (37:19)	2:13 (39:32)	
3.	Jytte Nielsen	Køge OK	54:08	+18:11		
	3:20 (3:20)	1:42 (5:02)	2:39 (7:41)	7:07 (14:48)	4:24 (19:12)	3:49 (23:01)
	6:09 (29:10)	4:15 (33:25)	14:53 (48:18)	3:03 (51:21)	2:47 (54:08)	
4.	Helgard Olsen	OK Roskilde	1:03:29	+27:32		
	3:21 (3:21)	1:57 (5:18)	3:24 (8:42)	11:16 (19:58)	7:13 (27:11)	5:08 (32:19)
	7:58 (40:17)	5:17 (45:34)	9:47 (55:21)	5:10 (1:00:31)	2:58 (1:03:29)	

Grøn Herre

(1 / 1)

Tid

Efter

1.	Noah H. Jørgensen	OK Sorø	30:18			
	1:03 (1:03)	1:40 (2:43)	4:27 (7:10)	3:47 (10:57)	5:51 (16:48)	1:32 (18:20)
	6:16 (24:36)	3:35 (28:11)	2:07 (30:18)			

Grøn Dame

(2 / 2)

Tid

Efter

1.	Franka Søndergaard Pohl	OK Roskilde	18:04			
	0:32 (0:32)	0:56 (1:28)	3:02 (4:30)	2:41 (7:11)	3:01 (10:12)	0:48 (11:00)
	3:25 (14:25)	2:17 (16:42)	1:22 (18:04)			
2.	Laura Koziara	Køge OK	1:03:07	+45:03		
	1:27 (1:27)	7:08 (8:35)	5:29 (14:04)	4:24 (18:28)	5:14 (23:42)	1:02 (24:44)
	32:23 (57:07)	3:25 (1:00:32)	2:35 (1:03:07)			