

Resultater – Vallø storskov 2.3.2019-

2019-02-03

Grøn Dame		(1 / 1)	Tid	Efter		
1.	Camille Friis	OK Sorø	24:15			
	2:55 (2:55)	1:03 (3:58)	3:17 (7:15)	2:45 (10:00)	4:07 (14:07)	0:57 (15:04)
	3:02 (18:06)	0:38 (18:44)	3:02 (21:46)	1:26 (23:12)	1:03 (24:15)	
Grøn Herre		(1 / 1)	Tid	Efter		
1.	Noah H. Jørgensen	OK Sorø	1:09:16			
	8:08 (8:08)	2:49 (10:57)	9:34 (20:31)	7:53 (28:24)	10:54 (39:18)	2:29 (41:47)
	8:17 (50:04)	2:37 (52:41)	9:26 (1:02:07)	3:34 (1:05:41)	3:35 (1:09:16)	
Hvid Dame		(6 / 6)	Tid	Efter		
1.	Alma Okkels Jensen	OK Sorø	33:51			
	2:07 (2:07)	0:57 (3:04)	7:07 (10:11)	1:20 (11:31)	3:51 (15:22)	3:34 (18:56)
	1:31 (20:27)	2:18 (22:45)	5:16 (28:01)	3:33 (31:34)	1:17 (32:51)	1:00 (33:51)
2.	Susan Hansen	Køge OK	44:09	+10:18		
	3:46 (3:46)	1:14 (5:00)	8:01 (13:01)	1:40 (14:41)	4:41 (19:22)	3:52 (23:14)
	2:32 (25:46)	4:47 (30:33)	6:03 (36:36)	4:37 (41:13)	1:28 (42:41)	1:28 (44:09)
3.	Iris Møller	OK Sorø	44:48	+10:57		
	3:00 (3:00)	1:07 (4:07)	6:29 (10:36)	2:17 (12:53)	5:29 (18:22)	5:12 (23:34)
	2:25 (25:59)	4:08 (30:07)	7:10 (37:17)	4:45 (42:02)	1:38 (43:40)	1:08 (44:48)
4.	Lene Mundus	Køge OK	50:18	+16:27		
	4:15 (4:15)	1:22 (5:37)	9:43 (15:20)	2:28 (17:48)	5:22 (23:10)	4:31 (27:41)
	2:42 (30:23)	3:47 (34:10)	7:15 (41:25)	5:12 (46:37)	1:55 (48:32)	1:46 (50:18)
5.	Christina Kuld	Køge OK	51:15	+17:24		
	2:41 (2:41)	1:05 (3:46)	23:34 (27:20)	1:33 (28:53)	3:36 (32:29)	2:59 (35:28)
	1:39 (37:07)	2:28 (39:35)	4:42 (44:17)	3:51 (48:08)	1:31 (49:39)	1:36 (51:15)
6.	Gitte Rasmussen	Køge OK	1:10:09	+36:18		
	11:33 (11:33)	1:53 (13:26)	15:03 (28:29)	3:04 (31:33)	7:14 (38:47)	4:59 (43:46)
	3:05 (46:51)	4:42 (51:33)	8:22 (59:55)	5:45 (1:05:40)	2:10 (1:07:50)	2:19 (1:10:09)
Hvid Herre		(4 / 4)	Tid	Efter		
1.	Mads Ottar Jespersen	OK Sorø	32:52			
	2:05 (2:05)	0:59 (3:04)	5:02 (8:06)	1:36 (9:42)	3:41 (13:23)	3:38 (17:01)
	1:50 (18:51)	2:49 (21:40)	5:36 (27:16)	3:40 (30:56)	1:03 (31:59)	0:53 (32:52)
2.	Familien Petersen	Køge OK	33:44	+0:52		
	3:06 (3:06)	1:12 (4:18)	4:52 (9:10)	1:42 (10:52)	3:39 (14:31)	3:16 (17:47)
	1:54 (19:41)	2:46 (22:27)	4:41 (27:08)	4:11 (31:19)	1:12 (32:31)	1:13 (33:44)
3.	Birger Jarlkov	Køge OK	50:24	+17:32		
	4:03 (4:03)	1:26 (5:29)	9:27 (14:56)	2:40 (17:36)	5:24 (23:00)	4:26 (27:26)
	2:51 (30:17)	3:39 (33:56)	7:28 (41:24)	5:19 (46:43)	1:54 (48:37)	1:47 (50:24)
4.	Morten Løjmand	Herlufsholm OK	55:41	+22:49		
	4:37 (4:37)	1:51 (6:28)	8:54 (15:22)	2:30 (17:52)	6:28 (24:20)	4:58 (29:18)
	3:18 (32:36)	3:46 (36:22)	8:20 (44:42)	6:04 (50:46)	2:19 (53:05)	2:36 (55:41)
Gul Dame		(4 / 4)	Tid	Efter		
1.	Freja Kent	OK Roskilde	55:17			
	5:31 (5:31)	6:19 (11:50)	2:43 (14:33)	2:49 (17:22)	2:39 (20:01)	3:49 (23:50)
	1:22 (25:12)	5:31 (30:43)	3:04 (33:47)	4:46 (38:33)	4:13 (42:46)	3:36 (46:22)
	4:45 (51:07)	2:41 (53:48)	1:29 (55:17)			
2.	Clara Friis	OK Sorø	58:05	+2:48		
	5:41 (5:41)	4:49 (10:30)	2:45 (13:15)	2:49 (16:04)	2:44 (18:48)	3:57 (22:45)
	1:54 (24:39)	5:48 (30:27)	3:04 (33:31)	5:03 (38:34)	4:25 (42:59)	3:47 (46:46)
	5:38 (52:24)	4:15 (56:39)	1:26 (58:05)			
3.	Teresa Søndergaard	OK Roskilde	1:09:30	+14:13		
	10:20 (10:20)	5:01 (15:21)	2:38 (17:59)	1:40 (19:39)	2:48 (22:27)	5:23 (27:50)
	1:22 (29:12)	5:19 (34:31)	3:42 (38:13)	5:11 (43:24)	4:23 (47:47)	9:22 (57:09)
	6:09 (1:03:18)	3:20 (1:06:38)	2:52 (1:09:30)			
4.	Helene Brangstrup	Køge OK	1:41:31	+46:14		
	8:28 (8:28)	11:11 (19:39)	7:50 (27:29)	4:55 (32:24)	4:36 (37:00)	10:03 (47:03)
	2:41 (49:44)	7:42 (57:26)	5:31 (1:02:57)	7:11 (1:10:08)	7:09 (1:17:17)	5:15 (1:22:32)
	8:41 (1:31:13)	6:46 (1:37:59)	3:32 (1:41:31)			
Gul Herre		(5 / 5)	Tid	Efter		
1.	Sebastian Rathje	OK Sorø	1:07:52			
	6:05 (6:05)	15:46 (21:51)	3:19 (25:10)	2:32 (27:42)	2:47 (30:29)	3:24 (33:53)
	1:54 (35:47)	5:31 (41:18)	3:43 (45:01)	5:07 (50:08)	3:44 (53:52)	2:59 (56:51)
	5:53 (1:02:44)	3:26 (1:06:10)	1:42 (1:07:52)			
2.	Jesper Carlsson	Køge OK	1:11:22	+3:30		
	7:53 (7:53)	5:14 (13:07)	3:23 (16:30)	2:18 (18:48)	3:38 (22:26)	4:31 (26:57)
	2:15 (29:12)	6:00 (35:12)	3:52 (39:04)	5:54 (44:58)	6:28 (51:26)	3:32 (54:58)
	10:29 (1:05:27)	3:18 (1:08:45)	2:37 (1:11:22)			
3.	Martin Vaabengaard	OK Roskilde	1:11:46	+3:54		
	4:06 (4:06)	5:03 (9:09)	10:40 (19:49)	1:03 (20:52)	9:27 (30:19)	3:32 (33:51)
	1:29 (35:20)	12:47 (48:07)	2:28 (50:35)	5:30 (56:05)	3:22 (59:27)	3:55 (1:03:22)
	4:42 (1:08:04)	2:16 (1:10:20)	1:26 (1:11:46)			
4.	Torben Nielsen	Køge OK	1:32:35	+24:43		
	7:18 (7:18)	9:47 (17:05)	4:28 (21:33)	2:22 (23:55)	5:10 (29:05)	6:25 (35:30)
	2:41 (38:11)	11:19 (49:30)	6:25 (55:55)	7:24 (1:03:19)	6:23 (1:09:42)	4:29 (1:14:11)
	11:02 (1:25:13)	4:07 (1:29:20)	3:15 (1:32:35)			
5.	Jan Brangstrup	Køge OK	1:41:19	+33:27		
	8:09 (8:09)	11:17 (19:26)	8:01 (27:27)	4:21 (31:48)	4:49 (36:37)	10:19 (46:56)
	2:32 (49:28)	7:46 (57:14)	5:18 (1:02:32)	7:22 (1:09:54)	7:23 (1:17:17)	5:07 (1:22:24)
	8:24 (1:30:48)	6:40 (1:37:28)	3:51 (1:41:19)			
Blå Dame U60		(6 / 6)	Tid	Efter		
1.	Susanne Tanderup	Herlufsholm OK	47:26			
	4:49 (4:49)	6:13 (11:02)	5:34 (16:36)	3:46 (20:22)	4:50 (25:12)	2:15 (27:27)
	1:46 (29:13)	2:23 (31:36)	2:28 (34:04)	3:31 (37:35)	3:04 (40:39)	1:42 (42:21)
	3:35 (45:56)	1:30 (47:26)				

2.	Jannie Nielsen	Holbæk OK	1:01:33	+14:07		
	6:42 (6:42)	7:45 (14:27)	5:07 (19:34)	3:57 (23:31)	7:18 (30:49)	4:16 (35:05)
	2:03 (37:08)	3:52 (41:00)	3:03 (44:03)	4:45 (48:48)	3:11 (51:59)	1:54 (53:53)
	5:18 (59:11)	2:22 (1:01:33)				
3.	Kirsten Petersen	Haslev OK	1:02:29	+15:03		
	3:24 (3:24)	7:43 (11:07)	9:21 (20:28)	4:18 (24:46)	7:26 (32:12)	2:47 (34:59)
	1:56 (36:55)	2:48 (39:43)	3:12 (42:55)	4:46 (47:41)	3:50 (51:31)	2:33 (54:04)
	5:46 (59:50)	2:39 (1:02:29)				
4.	Marianne Skjold	Haslev OK	1:02:46	+15:20		
	3:46 (3:46)	6:56 (10:42)	10:38 (21:20)	4:24 (25:44)	7:20 (33:04)	2:48 (35:52)
	1:53 (37:45)	2:49 (40:34)	3:10 (43:44)	4:42 (48:26)	3:57 (52:23)	2:33 (54:56)
	5:43 (1:00:39)	2:07 (1:02:46)				
5.	Vibeke Christensen	Haslev OK	1:27:08	+39:42		
	3:47 (3:47)	7:01 (10:48)	4:30 (15:18)	21:07 (36:25)	8:05 (44:30)	2:45 (47:15)
	9:12 (56:27)	5:26 (1:01:53)	4:06 (1:05:59)	6:35 (1:12:34)	4:13 (1:16:47)	2:11 (1:18:58)
	5:36 (1:24:34)	2:34 (1:27:08)				
	Rita Løjmand	Herlufsholm OK	Fejlklip			
	15:09 (15:09)	7:20 (22:29)	4:36 (27:05)	- (-)	- (-)	- (-)
	- (-)	- (-)	- (-)	- (-)	- (-)	- (-)
	- (-)	- (1:04:06)				

Blå Dame O60		(8 / 8)	Tid	Efter		
1.	Inge Jørgensen	OK Roskilde	44:47			
	2:52 (2:52)	5:23 (8:15)	3:45 (12:00)	3:30 (15:30)	6:26 (21:56)	2:10 (24:06)
	1:39 (25:45)	1:55 (27:40)	2:59 (30:39)	4:03 (34:42)	2:38 (37:20)	1:30 (38:50)
	4:06 (42:56)	1:51 (44:47)				
2.	Annette Petersen	OK Roskilde	52:49	+8:02		
	5:29 (5:29)	6:30 (11:59)	4:02 (16:01)	4:41 (20:42)	6:34 (27:16)	2:31 (29:47)
	1:49 (31:36)	2:38 (34:14)	3:25 (37:39)	4:04 (41:43)	2:59 (44:42)	1:47 (46:29)
	4:23 (50:52)	1:57 (52:49)				
3.	Grethe Larsen	Køge OK	1:11:58	+27:11		
	7:32 (7:32)	8:52 (16:24)	4:41 (21:05)	4:39 (25:44)	7:54 (33:38)	2:42 (36:20)
	1:47 (38:07)	2:43 (40:50)	11:02 (51:52)	5:07 (56:59)	5:10 (1:02:09)	2:25 (1:04:34)
	5:06 (1:09:40)	2:18 (1:11:58)				
4.	Birgit Berner	Køge OK	1:18:58	+34:11		
	4:40 (4:40)	9:15 (13:55)	5:36 (19:31)	16:36 (36:07)	6:18 (42:25)	2:40 (45:05)
	7:03 (52:08)	2:29 (54:37)	4:23 (59:00)	4:59 (1:03:59)	5:22 (1:09:21)	2:17 (1:11:38)
	5:11 (1:16:49)	2:09 (1:18:58)				
5.	Inger Jessen	OK Roskilde	1:26:30	+41:43		
	6:41 (6:41)	6:47 (13:28)	6:53 (20:21)	4:03 (24:24)	7:08 (31:32)	2:32 (34:04)
	2:06 (36:10)	1:58 (38:08)	19:08 (57:16)	6:48 (1:04:04)	4:27 (1:08:31)	2:45 (1:11:16)
	13:32 (1:24:48)	1:42 (1:26:30)				
6.	Jytte Nielsen	Køge OK	1:30:48	+46:01		
	5:58 (5:58)	10:53 (16:51)	8:27 (25:18)	6:47 (32:05)	11:05 (43:10)	4:11 (47:21)
	5:26 (52:47)	4:24 (57:11)	5:05 (1:02:16)	7:18 (1:09:34)	6:57 (1:16:31)	3:10 (1:19:41)
	7:44 (1:27:25)	3:23 (1:30:48)				
7.	Lena Hansen	Herlufsholm OK	1:32:18	+47:31		
	5:57 (5:57)	12:09 (18:06)	8:21 (26:27)	6:54 (33:21)	11:07 (44:28)	4:02 (48:30)
	5:42 (54:12)	4:17 (58:29)	4:55 (1:03:24)	7:25 (1:10:49)	6:51 (1:17:40)	3:17 (1:20:57)
	7:43 (1:28:40)	3:38 (1:32:18)				
8.	Birgit Christensen	Haslev OK	1:43:22	+58:35		
	4:59 (4:59)	11:53 (16:52)	7:22 (24:14)	6:46 (31:00)	12:22 (43:22)	3:59 (47:21)
	10:44 (58:05)	4:58 (1:03:03)	6:06 (1:09:09)	8:27 (1:17:36)	8:56 (1:26:32)	3:31 (1:30:03)
	8:06 (1:38:09)	5:13 (1:43:22)				

Blå Herre U60		(2 / 2)	Tid	Efter		
1.	Tom Hansen	Køge OK	59:07			
	5:02 (5:02)	5:22 (10:24)	4:39 (15:03)	4:04 (19:07)	6:59 (26:06)	2:58 (29:04)
	5:10 (34:14)	2:00 (36:14)	5:23 (41:37)	6:01 (47:38)	3:19 (50:57)	2:01 (52:58)
	4:19 (57:17)	1:50 (59:07)				
2.	Claus Mikkelsen	Herlufsholm OK	1:14:27	+15:20		
	5:57 (5:57)	8:42 (14:39)	5:22 (20:01)	5:05 (25:06)	8:33 (33:39)	2:41 (36:20)
	3:53 (40:13)	3:43 (43:56)	7:54 (51:50)	7:04 (58:54)	5:25 (1:04:19)	2:17 (1:06:36)
	5:32 (1:12:08)	2:19 (1:14:27)				

Blå Herre O60		(12 / 12)	Tid	Efter		
1.	Ole Svendsen	OK Roskilde	44:10			
	3:00 (3:00)	6:00 (9:00)	3:54 (12:54)	3:21 (16:15)	5:17 (21:32)	1:56 (23:28)
	1:40 (25:08)	1:53 (27:01)	3:01 (30:02)	3:53 (33:55)	2:40 (36:35)	1:42 (38:17)
	4:07 (42:24)	1:46 (44:10)				
2.	Niels Henrik Holscher	O-63	48:48	+4:38		
	3:21 (3:21)	6:21 (9:42)	4:09 (13:51)	4:24 (18:15)	5:51 (24:06)	2:44 (26:50)
	1:53 (28:43)	2:44 (31:27)	3:15 (34:42)	4:07 (38:49)	2:50 (41:39)	1:42 (43:21)
	3:56 (47:17)	1:31 (48:48)				
3.	Peter Bjørn Jensen	O-63	49:33	+5:23		
	5:50 (5:50)	5:53 (11:43)	3:49 (15:32)	4:00 (19:32)	5:36 (25:08)	2:20 (27:28)
	1:45 (29:13)	1:59 (31:12)	2:44 (33:56)	4:02 (37:58)	3:16 (41:14)	2:17 (43:31)
	4:10 (47:41)	1:52 (49:33)				
4.	Preben Kristensen	OK Roskilde	1:04:02	+19:52		
	3:38 (3:38)	7:24 (11:02)	4:53 (15:55)	4:13 (20:08)	7:39 (27:47)	2:32 (30:19)
	7:03 (37:22)	2:31 (39:53)	4:10 (44:03)	5:09 (49:12)	5:42 (54:54)	2:09 (57:03)
	5:00 (1:02:03)	1:59 (1:04:02)				
5.	Per Christensen	Haslev OK	1:05:24	+21:14		
	3:01 (3:01)	6:53 (9:54)	16:16 (26:10)	3:27 (29:37)	9:05 (38:42)	2:48 (41:30)
	2:40 (44:10)	2:58 (47:08)	2:25 (49:33)	4:13 (53:46)	3:13 (56:59)	1:44 (58:43)
	4:51 (1:03:34)	1:50 (1:05:24)				
6.	Erik Torm	Herlufsholm OK	1:06:05	+21:55		
	4:11 (4:11)	7:01 (11:12)	5:02 (16:14)	4:15 (20:29)	10:48 (31:17)	2:58 (34:15)
	2:16 (36:31)	2:58 (39:29)	5:10 (44:39)	5:54 (50:33)	4:28 (55:01)	2:48 (57:49)
	5:58 (1:03:47)	2:18 (1:06:05)				
7.	Tage Frydendal	Holbæk OK	1:06:06	+21:56		
	4:46 (4:46)	7:19 (12:05)	14:04 (26:09)	3:46 (29:55)	6:53 (36:48)	2:50 (39:38)
	2:01 (41:39)	2:26 (44:05)	3:32 (47:37)	4:55 (52:32)	3:47 (56:19)	2:10 (58:29)
	5:22 (1:03:51)	2:15 (1:06:06)				

8.	Jørgen Larsen	Køge OK	1:06:59	+22:49		
	4:29 (4:29)	5:17 (9:46)	3:47 (13:33)	3:32 (17:05)	6:08 (23:13)	2:30 (25:43)
	1:43 (27:26)	14:19 (41:45)	2:49 (44:34)	4:11 (48:45)	11:04 (59:49)	1:26 (1:01:15)
	4:07 (1:05:22)	1:37 (1:06:59)				
9.	Kurt Dose	Køge OK	1:10:13	+26:03		
	4:50 (4:50)	7:01 (11:51)	4:36 (16:27)	4:05 (20:32)	7:30 (28:02)	2:10 (30:12)
	2:02 (32:14)	2:20 (34:34)	13:34 (48:08)	6:00 (54:08)	5:08 (59:16)	2:13 (1:01:29)
	6:37 (1:08:06)	2:07 (1:10:13)				
10.	Mogens Jensen	Holbæk OK	1:14:42	+30:32		
	4:35 (4:35)	6:47 (11:22)	11:00 (22:22)	4:07 (26:29)	6:31 (33:00)	2:57 (35:57)
	6:27 (42:24)	2:38 (45:02)	4:25 (49:27)	5:19 (54:46)	9:23 (1:04:09)	2:26 (1:06:35)
	5:32 (1:12:07)	2:35 (1:14:42)				
11.	Svend Fladberg	Køge OK	1:19:54	+35:44		
	5:01 (5:01)	7:53 (12:54)	15:32 (28:26)	8:10 (36:36)	7:40 (44:16)	2:59 (47:15)
	2:33 (49:48)	3:13 (53:01)	5:53 (58:54)	6:03 (1:04:57)	3:50 (1:08:47)	2:13 (1:11:00)
	6:14 (1:17:14)	2:40 (1:19:54)				
	Ole Rasmussen	Køge OK	Fejlkli			
	4:47 (4:47)	6:02 (10:49)	4:52 (15:41)	4:22 (20:03)	8:21 (28:24)	2:36 (31:00)
	- (-)	- (37:03)	4:06 (41:09)	5:03 (46:12)	7:22 (53:34)	1:47 (55:21)
	4:44 (1:00:05)	2:01 (1:02:06)				

Sort Kort Dame U60		(7 / 7)	Tid	Efter		
1.	Emma Frandsen	OK Sorø	47:09			
	1:23 (1:23)	4:53 (6:16)	2:55 (9:11)	2:37 (11:48)	1:18 (13:06)	3:31 (16:37)
	2:43 (19:20)	2:22 (21:42)	3:31 (25:13)	1:47 (27:00)	5:48 (32:48)	5:26 (38:14)
	2:29 (40:43)	1:17 (42:00)	1:22 (43:22)	3:47 (47:09)		
2.	Anne Frandsen	OK Sorø	49:22	+2:13		
	1:32 (1:32)	4:33 (6:05)	2:49 (8:54)	6:27 (15:21)	1:23 (16:44)	3:22 (20:06)
	2:36 (22:42)	2:39 (25:21)	2:13 (27:34)	1:35 (29:09)	4:39 (33:48)	4:44 (38:32)
	3:32 (42:04)	1:20 (43:24)	1:35 (44:59)	4:23 (49:22)		
3.	Søs Munch Hansen	OK Sorø	49:30	+2:21		
	1:51 (1:51)	5:47 (7:38)	4:04 (11:42)	3:01 (14:43)	1:29 (16:12)	3:26 (19:38)
	2:33 (22:11)	2:31 (24:42)	1:56 (26:38)	1:28 (28:06)	4:31 (32:37)	5:26 (38:03)
	3:13 (41:16)	1:40 (42:56)	1:36 (44:32)	4:58 (49:30)		
4.	Merete Kleist	OK Sorø	56:51	+9:42		
	3:00 (3:00)	6:27 (9:27)	4:26 (13:53)	2:56 (16:49)	2:58 (19:47)	3:38 (23:25)
	3:54 (27:19)	3:03 (30:22)	2:18 (32:40)	1:55 (34:35)	5:24 (39:59)	5:50 (45:49)
	3:21 (49:10)	1:31 (50:41)	1:35 (52:16)	4:35 (56:51)		
5.	Jette Karlsen	Hvalsø OK	1:01:35	+14:26		
	3:17 (3:17)	6:38 (9:55)	4:39 (14:34)	3:37 (18:11)	2:09 (20:20)	3:52 (24:12)
	3:25 (27:37)	3:55 (31:32)	4:14 (35:46)	1:52 (37:38)	6:01 (43:39)	6:28 (50:07)
	3:00 (53:07)	2:02 (55:09)	1:51 (57:00)	4:35 (1:01:35)		
6.	Pia Kadziola	Maribo OK	1:02:44	+15:35		
	2:02 (2:02)	5:02 (7:04)	5:16 (12:20)	3:23 (15:43)	10:35 (26:18)	3:20 (29:38)
	2:50 (32:28)	2:56 (35:24)	2:22 (37:46)	2:38 (40:24)	5:45 (46:09)	5:46 (51:55)
	3:06 (55:01)	1:33 (56:34)	1:50 (58:24)	4:20 (1:02:44)		
7.	Susanne Truelsen	Herlufsholm OK	1:24:59	+37:50		
	3:10 (3:10)	12:46 (15:56)	5:26 (21:22)	6:56 (28:18)	3:14 (31:32)	5:49 (37:21)
	4:39 (42:00)	4:19 (46:19)	3:53 (50:12)	2:44 (52:56)	9:00 (1:01:56)	7:29 (1:09:25)
	4:16 (1:13:41)	2:23 (1:16:04)	2:41 (1:18:45)	6:14 (1:24:59)		

Sort Kort Dame O60		(3 / 3)	Tid	Efter		
1.	Gerda Marie Christiansen	Køge OK	59:49			
	2:27 (2:27)	6:30 (8:57)	4:35 (13:32)	3:49 (17:21)	1:41 (19:02)	8:52 (27:54)
	3:42 (31:36)	2:54 (34:30)	2:09 (36:39)	1:34 (38:13)	4:51 (43:04)	5:45 (48:49)
	2:49 (51:38)	1:32 (53:10)	1:42 (54:52)	4:57 (59:49)		
2.	Merete Ravnhøj Andersen	Herlufsholm OK	1:30:14	+30:25		
	2:21 (2:21)	7:06 (9:27)	10:38 (20:05)	10:42 (30:47)	1:57 (32:44)	5:14 (37:58)
	7:07 (45:05)	4:42 (49:47)	2:38 (52:25)	2:04 (54:29)	8:15 (1:02:44)	6:15 (1:08:59)
	7:32 (1:16:31)	2:43 (1:19:14)	5:11 (1:24:25)	5:49 (1:30:14)		
	Lisbet Hansen	FSK Orientering	Fejlkli			
	3:34 (3:34)	8:12 (11:46)	5:56 (17:42)	6:17 (23:59)	2:36 (26:35)	7:20 (33:55)
	9:48 (43:43)	5:43 (49:26)	- (-)	- (56:55)	9:09 (1:06:04)	9:04 (1:15:08)
	3:31 (1:18:39)	2:04 (1:20:43)	2:50 (1:23:33)	7:12 (1:30:45)		

Sort Kort Herre U60		(8 / 8)	Tid	Efter		
1.	Claus Børsting	Herlufsholm OK	41:53			
	1:40 (1:40)	4:35 (6:15)	2:37 (8:52)	2:18 (11:10)	1:33 (12:43)	2:54 (15:37)
	2:19 (17:56)	2:23 (20:19)	2:14 (22:33)	2:40 (25:13)	3:56 (29:09)	4:09 (33:18)
	2:02 (35:20)	1:08 (36:28)	1:23 (37:51)	4:02 (41:53)		
2.	Morten Jensen	OK Roskilde	43:58	+2:05		
	1:42 (1:42)	4:38 (6:20)	3:04 (9:24)	2:34 (11:58)	1:18 (13:16)	3:20 (16:36)
	2:39 (19:15)	2:25 (21:40)	1:52 (23:32)	1:26 (24:58)	4:36 (29:34)	5:05 (34:39)
	2:14 (36:53)	1:17 (38:10)	1:31 (39:41)	4:17 (43:58)		
3.	Mikael Scheby	OK Sorø	47:54	+6:01		
	1:38 (1:38)	5:12 (6:50)	3:00 (9:50)	2:41 (12:31)	1:27 (13:58)	2:53 (16:51)
	2:43 (19:34)	4:07 (23:41)	2:19 (26:00)	1:34 (27:34)	5:29 (33:03)	4:49 (37:52)
	2:51 (40:43)	1:34 (42:17)	1:31 (43:48)	4:06 (47:54)		
4.	Henrik Nielsen	Holbæk OK	49:42	+7:49		
	1:45 (1:45)	5:42 (7:27)	3:12 (10:39)	3:02 (13:41)	1:45 (15:26)	3:35 (19:01)
	3:00 (22:01)	2:46 (24:47)	2:04 (26:51)	1:29 (28:20)	4:46 (33:06)	6:16 (39:22)
	2:33 (41:55)	1:34 (43:29)	1:34 (45:03)	4:39 (49:42)		
5.	Jens Frandsen	OK Sorø	54:14	+12:21		
	1:44 (1:44)	5:31 (7:15)	3:41 (10:56)	3:22 (14:18)	1:58 (16:16)	4:06 (20:22)
	3:43 (24:05)	3:31 (27:36)	2:21 (29:57)	1:46 (31:43)	5:25 (37:08)	5:56 (43:04)
	3:06 (46:10)	1:31 (47:41)	1:38 (49:19)	4:55 (54:14)		
6.	Eskil Gotfredsen	Hvalsø OK	1:01:01	+19:08		
	2:32 (2:32)	7:11 (9:43)	4:32 (14:15)	3:35 (17:50)	2:24 (20:14)	4:43 (24:57)
	3:47 (28:44)	3:58 (32:42)	2:43 (35:25)	1:45 (37:10)	5:30 (42:40)	6:11 (48:51)
	3:01 (51:52)	1:58 (53:50)	1:55 (55:45)	5:16 (1:01:01)		
7.	Anton Lauritzen	Holbæk OK	1:04:08	+22:15		
	1:49 (1:49)	6:32 (8:21)	3:46 (12:07)	3:14 (15:21)	2:12 (17:33)	4:54 (22:27)
	6:42 (29:09)	3:28 (32:37)	2:18 (34:55)	1:50 (36:45)	5:48 (42:33)	6:41 (49:14)
	3:03 (52:17)	3:41 (55:58)	2:08 (58:06)	6:02 (1:04:08)		

8.	Henning Jeppesen 12:05 (12:05) 2:21 (31:48) 3:30 (53:00)	Køge OK 4:47 (16:52) 3:07 (34:55) 1:38 (54:38)	6:11 (23:03) 1:51 (36:46) 6:54 (1:01:32)	1:05:04 +23:11	2:21 (25:24) 1:42 (38:28) 3:32 (1:05:04)	1:09 (26:33) 6:35 (45:03)	2:54 (29:27) 4:27 (49:30)
Sort Kort Herre O60							
		(13 / 13)		Tid	Efter		
1.	Janne Brunstedt 1:29 (1:29) 2:14 (17:48) 2:10 (34:21)	OK Roskilde 4:45 (6:14) 2:33 (20:21) 1:21 (35:42)	2:32 (8:46) 1:39 (22:00) 1:23 (37:05)	40:44	2:42 (11:28) 1:23 (23:23) 3:39 (40:44)	1:15 (12:43) 4:12 (27:35)	2:51 (15:34) 4:36 (32:11)
2.	Karsten Richardt 2:07 (2:07) 2:54 (21:27) 2:30 (41:17)	Køge OK 5:25 (7:32) 3:03 (24:30) 1:25 (42:42)	3:24 (10:56) 2:06 (26:36) 1:36 (44:18)	48:49	+8:05 2:33 (13:29) 1:55 (28:31) 4:31 (48:49)	1:31 (15:00) 4:55 (33:26)	3:33 (18:33) 5:21 (38:47)
3.	Jan Truelsen 1:48 (1:48) 5:25 (24:40) 2:34 (44:51)	Herlufsholm OK 5:17 (7:05) 2:53 (27:33) 1:29 (46:20)	3:36 (10:41) 2:04 (29:37) 1:44 (48:04)	53:03	+12:19 2:59 (13:40) 1:40 (31:17) 4:59 (53:03)	1:43 (15:23) 5:28 (36:45)	3:52 (19:15) 5:32 (42:17)
4.	Ole R. Frederiksen 1:47 (1:47) 3:05 (24:45) 2:53 (48:27)	OK Roskilde 5:19 (7:06) 2:45 (27:30) 2:01 (50:28)	5:41 (12:47) 5:15 (32:45) 1:45 (52:13)	57:38	+16:54 3:27 (16:14) 1:38 (34:23) 5:25 (57:38)	1:41 (17:55) 5:09 (39:32)	3:45 (21:40) 6:02 (45:34)
5.	Steen Fladberg 1:48 (1:48) 3:30 (24:01) 3:41 (52:11)	Køge OK 6:08 (7:56) 3:37 (27:38) 2:18 (54:29)	3:24 (11:20) 7:48 (35:26) 2:03 (56:32)	1:01:42	+20:58 3:01 (14:21) 1:36 (37:02) 5:10 (1:01:42)	1:28 (15:49) 5:24 (42:26)	4:42 (20:31) 6:04 (48:30)
6.	Hans Lykke 2:13 (2:13) 3:42 (26:47) 3:52 (52:20)	Holbæk OK 6:36 (8:49) 3:24 (30:11) 1:56 (54:16)	4:25 (13:14) 2:44 (32:55) 2:05 (56:21)	1:02:14	+21:30 3:24 (16:38) 2:01 (34:56) 5:53 (1:02:14)	1:59 (18:37) 5:56 (40:52)	4:28 (23:05) 7:36 (48:28)
7.	Sten :Lund 1:56 (1:56) 3:15 (34:05) 3:53 (58:25)	OK Sorø 5:55 (7:51) 3:24 (37:29) 1:57 (1:00:22)	3:23 (11:14) 3:32 (41:01) 2:10 (1:02:32)	1:08:18	+27:34 2:59 (14:13) 1:52 (42:53) 5:46 (1:08:18)	12:44 (26:57) 5:58 (48:51)	3:53 (30:50) 5:41 (54:32)
8.	Steen Jeppesen 2:11 (2:11) 4:57 (32:05) 4:53 (1:01:58)	Holbæk OK 7:30 (9:41) 9:27 (41:32) 2:19 (1:04:17)	5:22 (15:03) 2:29 (44:01) 2:19 (1:06:36)	1:11:52	+31:08 4:14 (19:17) 1:40 (45:41) 5:16 (1:11:52)	2:14 (21:31) 5:11 (50:52)	5:37 (27:08) 6:13 (57:05)
9.	Anders Bang 2:45 (2:45) 3:15 (30:49) 3:49 (1:08:32)	Køge OK 7:15 (10:00) 4:14 (35:03) 2:40 (1:11:12)	6:59 (16:59) 13:57 (49:00) 2:21 (1:13:33)	1:18:56	+38:12 4:17 (21:16) 1:57 (50:57) 5:23 (1:18:56)	1:58 (23:14) 7:52 (58:49)	4:20 (27:34) 5:54 (1:04:43)
10.	Børge Jensen 2:24 (2:24) 3:09 (44:54) 4:52 (1:09:39)	Herlufsholm OK 7:18 (9:42) 3:13 (48:07) 1:48 (1:11:27)	4:14 (13:56) 2:30 (50:37) 1:59 (1:13:26)	1:20:08	+39:24 5:19 (19:15) 2:06 (52:43) 6:42 (1:20:08)	2:02 (21:17) 5:34 (58:17)	20:28 (41:45) 6:30 (1:04:47)
11.	Jan Bigler 2:40 (2:40) 3:39 (50:44) 4:26 (1:18:05)	Herlufsholm OK 7:00 (9:40) 3:33 (54:17) 2:01 (1:20:06)	4:46 (14:26) 2:50 (57:07) 2:13 (1:22:19)	1:28:00	+47:16 24:46 (39:12) 2:17 (59:24) 5:41 (1:28:00)	2:24 (41:36) 6:34 (1:05:58)	5:29 (47:05) 7:41 (1:13:39)
12.	Johnny Schoelzer 8:29 (8:29) 5:24 (43:08) 3:43 (1:21:11)	Køge OK 6:43 (15:12) 3:30 (46:38) 2:40 (1:23:51)	5:34 (20:46) 7:32 (54:10) 3:18 (1:27:09)	1:34:10	+53:26 10:19 (31:05) 5:01 (59:11) 7:01 (1:34:10)	1:49 (32:54) 11:16 (1:10:27)	4:50 (37:44) 7:01 (1:17:28)
13.	Gunnar Grimstrup 11:35 (11:35) 7:38 (53:30) 7:31 (1:29:05)	Køge OK 8:03 (19:38) 4:59 (58:29) 2:25 (1:31:30)	12:55 (32:33) 4:17 (1:02:46) 2:40 (1:34:10)	1:40:57	+60:13 5:19 (37:52) 2:44 (1:05:30) 6:47 (1:40:57)	3:03 (40:55) 7:42 (1:13:12)	4:57 (45:52) 8:22 (1:21:34)
Sort Mellem Dame							
		(5 / 5)		Tid	Efter		
1.	Susanne Thomsen 2:46 (2:46) 5:05 (34:15) 2:16 (49:08) 2:15 (1:10:14)	Tisvilde Hegn OK 8:16 (11:02) 1:41 (35:56) 3:05 (52:13)	6:24 (17:26) 3:05 (39:01) 4:35 (56:48)	1:10:14	3:19 (20:45) 1:42 (40:43) 5:15 (1:02:03)	3:41 (24:26) 3:22 (44:05) 3:14 (1:05:17)	4:44 (29:10) 2:47 (46:52) 2:42 (1:07:59)
2.	Nina Okkels 8:34 (8:34) 6:32 (44:27) 2:16 (1:01:53) 2:37 (1:23:19)	OK Sorø 11:26 (20:00) 1:43 (46:10) 3:00 (1:04:53)	5:29 (25:29) 3:58 (50:08) 5:17 (1:10:10)	1:23:19	+13:05 3:57 (29:26) 1:59 (52:07) 5:10 (1:15:20)	4:09 (33:35) 4:12 (56:19) 2:40 (1:18:00)	4:20 (37:55) 3:18 (59:37) 2:42 (1:20:42)
3.	Lise Ravnshøj Andersen 5:11 (5:11) 4:47 (47:23) 2:22 (1:02:11) 2:21 (1:27:50)	Herlufsholm OK 18:07 (23:18) 1:40 (49:03) 5:04 (1:07:15)	6:36 (29:54) 2:47 (51:50) 5:17 (1:12:32)	1:27:50	+17:36 3:36 (33:30) 1:53 (53:43) 5:30 (1:18:02)	4:57 (38:27) 3:25 (57:08) 4:38 (1:22:40)	4:09 (42:36) 2:41 (59:49) 2:49 (1:25:29)
4.	Tine Demandt 3:34 (3:34) 4:48 (46:44) 4:51 (1:07:35) 2:56 (1:32:33)	OK Sorø 12:23 (15:57) 2:12 (48:56) 4:25 (1:12:00)	6:43 (22:40) 3:17 (52:13) 5:08 (1:17:08)	1:32:33	+22:19 4:37 (27:17) 2:23 (54:36) 6:01 (1:23:09)	5:30 (32:47) 4:18 (58:54) 3:44 (1:26:53)	9:09 (41:56) 3:50 (1:02:44) 2:44 (1:29:37)
5.	Anja Rasmussen 9:20 (9:20) 4:59 (52:15) 3:02 (1:09:40) 2:53 (1:37:11)	OK Sorø 10:15 (19:35) 1:44 (53:59) 3:40 (1:13:20)	7:51 (27:26) 3:04 (57:03) 7:25 (1:20:45)	1:37:11	+26:57 10:50 (38:16) 2:11 (59:14) 6:24 (1:27:09)	6:00 (44:16) 3:33 (1:02:47) 4:04 (1:31:13)	3:00 (47:16) 3:51 (1:06:38) 3:05 (1:34:18)
Sort Mellem Herre							
		(23 / 23)		Tid	Efter		
1.	Jakob Søndergaard 2:41 (2:41) 3:50 (23:35) 2:17 (36:37) 1:52 (53:46)	OK Roskilde 5:24 (8:05) 1:18 (24:53) 2:10 (38:47)	3:50 (11:55) 2:08 (27:01) 3:44 (42:31)	53:46	2:35 (14:30) 1:22 (28:23) 5:18 (47:49)	3:09 (17:39) 2:40 (31:03) 2:06 (49:55)	2:06 (19:45) 3:17 (34:20) 1:59 (51:54)
2.	Arne Kristensen	Herlufsholm OK		54:56	+1:10		

	2:25 (2:25)	8:19 (10:44)	3:43 (14:27)	2:35 (17:02)	2:54 (19:56)	2:14 (22:10)
	3:52 (26:02)	1:21 (27:23)	2:11 (29:34)	1:19 (30:53)	2:30 (33:23)	2:26 (35:49)
	2:11 (38:00)	2:57 (40:57)	3:51 (44:48)	3:54 (48:42)	2:10 (50:52)	2:13 (53:05)
	1:51 (54:56)					
3.	Jan Thiesen	Holbæk OK	57:15	+3:29		
	2:22 (2:22)	6:39 (9:01)	4:08 (13:09)	4:13 (17:22)	2:52 (20:14)	2:15 (22:29)
	4:17 (26:46)	1:23 (28:09)	2:13 (30:22)	1:24 (31:46)	2:52 (34:38)	2:14 (36:52)
	2:33 (39:25)	2:25 (41:50)	4:00 (45:50)	4:26 (50:16)	2:51 (53:07)	2:08 (55:15)
	2:00 (57:15)					
4.	Gunnar Grue-Sørensen	Køge OK	58:31	+4:45		
	2:12 (2:12)	6:41 (8:53)	4:05 (12:58)	2:42 (15:40)	3:12 (18:52)	2:31 (21:23)
	4:20 (25:43)	1:38 (27:21)	2:34 (29:55)	1:41 (31:36)	2:58 (34:34)	2:22 (36:56)
	2:53 (39:49)	3:02 (42:51)	3:54 (46:45)	4:41 (51:26)	2:56 (54:22)	2:09 (56:31)
	2:00 (58:31)					
5.	Henrik Plenge Jensen	O-63	1:04:22	+10:36		
	2:21 (2:21)	7:09 (9:30)	4:49 (14:19)	3:15 (17:01)	3:15 (20:16)	3:08 (23:24)
	4:32 (27:56)	1:37 (29:33)	2:40 (32:13)	1:36 (33:49)	3:11 (37:00)	4:32 (41:32)
	1:52 (43:24)	2:38 (46:02)	6:07 (52:09)	5:25 (57:34)	2:34 (1:00:08)	2:25 (1:02:33)
	1:49 (1:04:22)					
6.	Hans Henrik Juda	Køge OK	1:04:25	+10:39		
	- (-)	- (10:48)	4:32 (15:20)	3:16 (18:36)	3:19 (21:55)	3:37 (25:32)
	5:19 (30:51)	1:38 (32:29)	2:23 (34:52)	1:42 (36:34)	3:17 (39:51)	2:27 (42:18)
	1:56 (44:14)	3:21 (47:35)	4:16 (51:51)	4:55 (56:46)	2:47 (59:33)	2:32 (1:02:05)
	2:20 (1:04:25)					
7.	Peter Lauritzen	Holbæk OK	1:08:45	+14:59		
	4:26 (4:26)	7:08 (11:34)	5:09 (16:43)	4:10 (20:53)	3:35 (24:28)	2:24 (26:52)
	4:42 (31:34)	2:45 (34:19)	3:05 (37:24)	1:50 (39:14)	3:41 (42:55)	3:18 (46:13)
	3:01 (49:14)	2:54 (52:08)	4:16 (56:24)	5:04 (1:01:28)	2:29 (1:03:57)	2:33 (1:06:30)
	2:15 (1:08:45)					
8.	Hubert Møller	OK Sorø	1:10:27	+16:41		
	4:08 (4:08)	6:28 (10:36)	4:18 (14:54)	3:15 (18:09)	11:31 (29:40)	2:43 (32:23)
	4:24 (36:47)	2:13 (39:00)	2:42 (41:42)	1:42 (43:24)	3:16 (46:40)	2:31 (49:11)
	1:53 (51:04)	3:35 (54:39)	4:20 (58:59)	4:42 (1:03:41)	2:31 (1:06:12)	2:11 (1:08:23)
	2:04 (1:10:27)					
9.	Jesper Munch Jespersen	OK Sorø	1:10:54	+17:08		
	5:34 (5:34)	8:56 (14:30)	4:45 (19:15)	2:57 (22:12)	6:44 (28:56)	2:33 (31:29)
	3:41 (35:10)	1:19 (36:29)	2:02 (38:31)	1:20 (39:51)	2:25 (42:16)	3:18 (45:34)
	4:50 (50:24)	4:18 (54:42)	4:08 (58:50)	5:11 (1:04:01)	2:20 (1:06:21)	2:41 (1:09:02)
	1:52 (1:10:54)					
10.	Jens Buch	Hvalsø OK	1:12:10	+18:24		
	3:13 (3:13)	7:11 (10:24)	4:53 (15:17)	3:20 (18:37)	6:01 (24:38)	2:28 (27:06)
	4:15 (31:21)	1:36 (32:57)	3:57 (36:54)	1:34 (38:28)	4:46 (43:14)	3:12 (46:26)
	4:48 (51:14)	4:07 (55:21)	4:28 (59:49)	4:26 (1:04:15)	3:03 (1:07:18)	2:33 (1:09:51)
	2:19 (1:12:10)					
11.	Carsten Mogensen	Køge OK	1:13:47	+20:01		
	3:21 (3:21)	8:34 (11:55)	9:54 (21:49)	2:48 (24:37)	3:56 (28:33)	5:01 (33:34)
	5:20 (38:54)	2:32 (41:26)	2:39 (44:05)	1:38 (45:43)	3:06 (48:49)	2:40 (51:29)
	2:06 (53:35)	3:25 (57:00)	4:01 (1:01:01)	4:55 (1:05:56)	3:01 (1:08:57)	2:44 (1:11:41)
	2:06 (1:13:47)					
12.	Henrik Glimø	Køge OK	1:18:28	+24:42		
	3:11 (3:11)	6:10 (9:21)	6:48 (16:09)	7:01 (23:10)	6:47 (29:57)	5:09 (35:06)
	8:40 (43:46)	1:41 (45:27)	2:15 (47:42)	1:22 (49:04)	3:06 (52:10)	2:32 (54:42)
	3:21 (58:03)	2:45 (1:00:48)	3:28 (1:04:16)	7:53 (1:12:09)	2:08 (1:14:17)	2:30 (1:16:47)
	1:41 (1:18:28)					
13.	Jørgen Krogh	OK Roskilde	1:20:37	+26:51		
	2:36 (2:36)	15:19 (17:55)	5:14 (23:09)	3:03 (26:12)	3:23 (29:35)	8:13 (37:48)
	4:16 (42:04)	1:38 (43:42)	2:58 (46:40)	6:18 (52:58)	2:58 (55:56)	2:25 (58:21)
	3:02 (1:01:23)	2:29 (1:03:52)	5:35 (1:09:27)	4:46 (1:14:13)	2:30 (1:16:43)	2:15 (1:18:58)
	1:39 (1:20:37)					
14.	Bo Christoffersen	OK Sorø	1:22:25	+28:39		
	11:22 (11:22)	10:02 (21:24)	4:47 (26:11)	3:29 (29:40)	4:42 (34:22)	3:23 (37:45)
	4:56 (42:41)	1:33 (44:14)	4:00 (48:14)	2:07 (50:21)	3:39 (54:00)	3:43 (57:43)
	2:49 (1:00:32)	3:12 (1:03:44)	4:29 (1:08:13)	5:55 (1:14:08)	2:51 (1:16:59)	2:56 (1:19:55)
	2:30 (1:22:25)					
15.	Hans Jessen	OK Roskilde	1:22:55	+29:09		
	3:42 (3:42)	6:29 (10:11)	4:52 (15:03)	3:03 (18:06)	5:35 (23:41)	3:26 (27:07)
	4:23 (31:30)	1:36 (33:06)	2:27 (35:33)	3:11 (38:44)	4:50 (43:34)	11:07 (54:41)
	4:08 (58:49)	9:10 (1:07:59)	3:40 (1:11:39)	4:12 (1:15:51)	2:44 (1:18:35)	2:09 (1:20:44)
	2:11 (1:22:55)					
16.	Helmuth Hansen	Herlufsholm OK	1:24:11	+30:25		
	3:01 (3:01)	8:06 (11:07)	6:27 (17:34)	4:10 (21:44)	4:00 (25:44)	3:42 (29:26)
	4:51 (34:17)	2:11 (36:28)	2:58 (39:26)	1:21 (40:47)	3:21 (44:08)	2:42 (46:50)
	5:39 (52:29)	3:38 (56:07)	5:23 (1:01:30)	5:01 (1:06:31)	12:45 (1:19:16)	2:45 (1:22:01)
	2:10 (1:24:11)					
17.	Kaj Munck	Herlufsholm OK	1:26:07	+32:21		
	7:15 (7:15)	9:32 (16:47)	6:43 (23:30)	4:23 (27:53)	3:59 (31:52)	3:45 (35:37)
	5:16 (40:53)	2:02 (42:55)	3:27 (46:22)	2:11 (48:33)	3:56 (52:29)	3:39 (56:08)
	4:49 (1:00:57)	4:43 (1:05:40)	5:38 (1:11:18)	5:54 (1:17:12)	3:29 (1:20:41)	3:00 (1:23:41)
	2:26 (1:26:07)					
18.	Henrik Tølløse	Hvalsø OK	1:32:35	+38:49		
	3:47 (3:47)	13:36 (17:23)	7:08 (24:31)	4:12 (28:43)	6:08 (34:51)	3:16 (38:07)
	5:35 (43:42)	2:21 (46:03)	3:43 (49:46)	2:01 (51:47)	4:06 (55:53)	4:50 (1:00:43)
	7:51 (1:08:34)	3:33 (1:12:07)	5:43 (1:17:50)	5:33 (1:23:23)	4:07 (1:27:30)	2:45 (1:30:15)
	2:20 (1:32:35)					
19.	Ebbe Kajberg	OK Sorø	1:42:50	+49:04		
	3:23 (3:23)	16:41 (20:04)	5:16 (25:20)	3:44 (29:04)	4:10 (33:14)	11:39 (44:53)
	6:48 (51:41)	1:52 (53:33)	3:22 (56:55)	1:46 (58:41)	3:38 (1:02:19)	4:04 (1:06:23)
	2:23 (1:08:46)	7:02 (1:15:48)	5:19 (1:21:07)	5:49 (1:26:56)	2:56 (1:29:52)	2:35 (1:32:27)
	10:23 (1:42:50)					
20.	Morten Nissen	O-63	1:43:11	+49:25		
	8:01 (8:01)	10:33 (18:34)	7:09 (25:43)	5:11 (30:54)	9:46 (40:40)	3:32 (44:12)
	6:31 (50:43)	5:15 (55:58)	3:01 (58:59)	1:58 (1:00:57)	4:15 (1:05:12)	2:50 (1:08:02)
	10:42 (1:18:44)	3:06 (1:21:50)	5:49 (1:27:39)	5:58 (1:33:37)	4:07 (1:37:44)	3:04 (1:40:48)
	2:23 (1:43:11)					

Mogens Kristensen	OK Roskilde	Fejlklip			
3:19 (3:19)	12:46 (16:05)	6:05 (22:10)	3:46 (25:56)	4:23 (30:19)	2:59 (33:18)
4:42 (38:00)	1:36 (39:36)	2:45 (42:21)	1:32 (43:53)	- (-)	- (49:43)
4:11 (53:54)	4:54 (58:48)	4:38 (1:03:26)	6:09 (1:09:35)	2:51 (1:12:26)	2:37 (1:15:03)
2:14 (1:17:17)					
Stig Møller	OK Sorø	Fejlklip			
2:35 (2:35)	15:38 (18:13)	15:01 (33:14)	3:07 (36:21)	8:20 (44:41)	4:34 (49:15)
4:40 (53:55)	1:45 (55:40)	4:24 (1:00:04)	1:43 (1:01:47)	3:06 (1:04:53)	3:12 (1:08:05)
2:42 (1:10:47)	- (-)	- (-)	- (1:14:53)	3:01 (1:17:54)	2:10 (1:20:04)
2:23 (1:22:27)					
Casper Lindemann	OK Roskilde	Udgæet			
2:17 (2:17)	6:16 (8:33)	3:48 (12:21)	2:58 (15:19)	6:46 (22:05)	2:39 (24:44)
3:33 (28:17)	1:15 (29:32)	1:59 (31:31)	1:23 (32:54)	2:23 (35:17)	3:46 (39:03)
4:05 (43:08)	- (-)	- (-)	- (-)	- (-)	- (-)
- (-)					

Sort Lang Dame	(3 / 3)	Tid	Efter		
1. Hanne Fogh	FSK Orientering	1:26:37			
6:08 (6:08)	4:09 (10:17)	3:51 (14:08)	5:21 (19:29)	3:13 (22:42)	1:50 (24:32)
3:16 (27:48)	2:42 (30:30)	8:23 (38:53)	3:07 (42:00)	6:35 (48:35)	1:47 (50:22)
5:11 (55:33)	1:34 (57:07)	2:52 (59:59)	2:30 (1:02:29)	1:51 (1:04:20)	3:17 (1:07:37)
1:35 (1:09:12)	4:18 (1:13:30)	3:32 (1:17:02)	3:22 (1:20:24)	1:44 (1:22:08)	3:07 (1:25:15)
1:22 (1:26:37)					
2. Jette Grimstrup	Køge OK	1:52:03	+25:26		
9:05 (9:05)	5:25 (14:30)	5:20 (19:50)	7:12 (27:02)	4:04 (31:06)	1:41 (32:47)
3:28 (36:15)	4:03 (40:18)	11:10 (51:28)	3:21 (54:49)	8:33 (1:03:22)	2:19 (1:05:41)
6:33 (1:12:14)	2:09 (1:14:23)	3:41 (1:18:04)	3:38 (1:21:42)	2:12 (1:23:54)	4:46 (1:28:40)
1:30 (1:30:10)	5:25 (1:35:35)	4:44 (1:40:19)	4:00 (1:44:19)	2:12 (1:46:31)	3:43 (1:50:14)
1:49 (1:52:03)					
3. Tine Meyhoff Petersen	Herlufsholm OK	2:26:40	+60:03		
9:13 (9:13)	10:35 (19:48)	7:52 (27:40)	9:52 (37:32)	4:35 (42:07)	2:20 (44:27)
7:16 (51:43)	7:36 (59:19)	10:54 (1:10:13)	4:12 (1:14:25)	11:13 (1:25:38)	3:17 (1:28:55)
7:21 (1:36:16)	3:54 (1:40:10)	5:33 (1:45:43)	4:02 (1:49:45)	6:49 (1:56:34)	5:04 (2:01:38)
1:37 (2:03:15)	5:43 (2:08:58)	5:31 (2:14:29)	4:24 (2:18:53)	2:10 (2:21:03)	3:55 (2:24:58)
1:42 (2:26:40)					

Sort Lang Herre	(11 / 11)	Tid	Efter		
1. Kristian Juda	Køge OK	1:15:21			
4:59 (4:59)	3:04 (8:03)	3:42 (11:45)	4:05 (15:50)	3:10 (19:00)	1:46 (20:46)
3:04 (23:50)	3:13 (27:03)	5:48 (32:51)	3:25 (36:16)	4:25 (40:41)	1:25 (42:06)
3:57 (46:03)	1:17 (47:20)	2:19 (49:39)	2:23 (52:02)	5:05 (57:07)	2:15 (59:22)
0:57 (1:00:19)	3:06 (1:03:25)	3:51 (1:07:16)	2:44 (1:10:00)	1:17 (1:11:17)	3:06 (1:14:23)
0:58 (1:15:21)					
2. Kåre Sørensen	OK Sorø	1:15:46	+0:25		
5:00 (5:00)	3:24 (8:24)	3:43 (12:07)	4:17 (16:24)	2:43 (19:07)	1:09 (20:16)
4:28 (24:44)	2:33 (27:17)	5:44 (33:01)	2:05 (35:06)	5:05 (40:11)	1:28 (41:39)
3:59 (45:38)	1:19 (46:57)	2:14 (49:11)	2:01 (51:12)	5:07 (56:19)	2:45 (59:04)
1:04 (1:00:08)	3:39 (1:03:47)	3:18 (1:07:05)	2:58 (1:10:03)	1:52 (1:11:55)	2:38 (1:14:33)
1:13 (1:15:46)					
3. Jens Hansen	Hagi	1:17:52	+2:31		
5:51 (5:51)	3:55 (9:46)	3:56 (13:42)	5:31 (19:13)	3:00 (22:13)	1:12 (23:25)
2:59 (26:24)	2:19 (28:43)	6:58 (35:41)	2:37 (38:18)	6:04 (44:22)	1:35 (45:57)
4:30 (50:27)	1:28 (51:55)	2:30 (54:25)	2:18 (56:43)	1:45 (58:28)	2:30 (1:00:58)
1:09 (1:02:07)	3:53 (1:06:00)	3:00 (1:09:00)	3:01 (1:12:01)	1:45 (1:13:46)	2:56 (1:16:42)
1:10 (1:17:52)					
4. Søren Madsen	OK Sorø	1:20:50	+5:29		
5:41 (5:41)	4:29 (10:10)	3:59 (14:09)	5:15 (19:24)	2:58 (22:22)	1:13 (23:35)
3:13 (26:48)	2:42 (29:30)	7:08 (36:38)	3:07 (39:45)	5:57 (45:42)	1:39 (47:21)
4:47 (52:08)	1:28 (53:36)	2:38 (56:14)	2:19 (58:33)	1:57 (1:00:30)	2:25 (1:02:55)
1:09 (1:04:04)	4:14 (1:08:18)	3:38 (1:11:56)	3:04 (1:15:00)	1:42 (1:16:42)	2:53 (1:19:35)
1:15 (1:20:50)					
5. Simon Rosell Holt	Køge OK	1:24:59	+9:38		
4:21 (4:21)	3:15 (7:36)	7:21 (14:57)	9:52 (24:49)	2:15 (27:04)	0:56 (28:00)
2:36 (30:36)	3:05 (33:41)	5:34 (39:15)	2:06 (41:21)	4:55 (46:16)	1:43 (47:59)
3:37 (51:36)	1:11 (52:47)	1:54 (54:41)	7:38 (1:02:19)	1:21 (1:03:40)	1:41 (1:05:21)
3:06 (1:08:27)	3:12 (1:11:39)	6:36 (1:18:15)	2:16 (1:20:31)	1:07 (1:21:38)	2:09 (1:23:47)
1:12 (1:24:59)					
6. Sebastian Hansen	Herlufsholm OK	1:25:26	+10:05		
6:24 (6:24)	3:57 (10:21)	4:32 (14:53)	6:05 (20:58)	3:24 (24:22)	1:13 (25:35)
3:51 (29:26)	3:12 (32:38)	8:03 (40:41)	3:09 (43:50)	6:18 (50:08)	1:43 (51:51)
4:37 (56:28)	1:21 (57:49)	2:19 (1:00:08)	2:25 (1:02:33)	3:30 (1:06:03)	2:12 (1:08:15)
1:11 (1:09:26)	3:51 (1:13:17)	3:42 (1:16:59)	2:40 (1:19:39)	1:43 (1:21:22)	2:51 (1:24:13)
1:13 (1:25:26)					
7. Kim Hansen	Køge OK	1:27:44	+12:23		
5:07 (5:07)	4:07 (9:14)	4:24 (13:38)	5:21 (18:59)	2:47 (21:46)	1:18 (23:04)
7:15 (30:19)	3:22 (33:41)	7:23 (41:04)	3:40 (44:44)	6:19 (51:03)	2:05 (53:08)
4:43 (57:51)	1:25 (59:16)	2:26 (1:01:42)	4:35 (1:06:17)	1:48 (1:08:05)	2:14 (1:10:19)
1:06 (1:11:25)	4:03 (1:15:28)	3:50 (1:19:18)	3:01 (1:22:19)	1:32 (1:23:51)	2:46 (1:26:37)
1:07 (1:27:44)					
8. Morten Hass	OK Sorø	1:28:02	+12:41		
6:13 (6:13)	6:44 (12:57)	3:51 (16:48)	4:57 (21:45)	2:57 (24:42)	1:20 (26:02)
3:19 (29:21)	3:14 (32:35)	7:35 (40:10)	3:37 (43:47)	6:45 (50:32)	1:45 (52:17)
5:03 (57:20)	1:32 (58:52)	3:01 (1:01:53)	2:17 (1:04:10)	2:07 (1:06:17)	2:26 (1:08:43)
1:16 (1:09:59)	4:20 (1:14:19)	3:26 (1:17:45)	3:27 (1:21:12)	1:41 (1:22:53)	3:44 (1:26:37)
1:25 (1:28:02)					
9. Jan H Jørgensen	OK Sorø	1:28:51	+13:30		
5:47 (5:47)	4:40 (10:27)	7:48 (18:15)	5:36 (23:51)	3:03 (26:54)	1:18 (28:12)
3:56 (32:08)	2:49 (34:57)	6:54 (41:51)	2:35 (44:26)	6:12 (50:38)	1:57 (52:35)
4:35 (57:10)	1:23 (58:33)	2:42 (1:01:15)	2:53 (1:04:08)	2:00 (1:06:08)	2:40 (1:08:48)
1:09 (1:09:57)	3:55 (1:13:52)	6:12 (1:20:04)	3:13 (1:23:17)	1:33 (1:24:50)	2:51 (1:27:41)
1:10 (1:28:51)					
10. Simon Jespersen	OK Sorø	1:29:54	+14:33		
5:10 (5:10)	4:08 (9:18)	3:51 (13:09)	5:20 (18:29)	2:44 (21:13)	1:26 (22:39)
3:24 (26:03)	8:08 (34:11)	10:19 (44:30)	2:49 (47:19)	6:47 (54:06)	1:47 (55:53)
5:47 (1:01:40)	1:30 (1:03:10)	2:50 (1:06:00)	3:11 (1:09:11)	1:55 (1:11:06)	2:16 (1:13:22)
1:14 (1:14:36)	3:54 (1:18:30)	2:51 (1:21:21)	3:02 (1:24:23)	1:29 (1:25:52)	2:51 (1:28:43)
1:11 (1:29:54)					

11. Peter Karberg	Herlufsholm OK	1:37:15	+21:54		
5:59 (5:59)	5:00 (10:59)	6:22 (17:21)	10:57 (28:18)	3:04 (31:22)	1:49 (33:11)
4:57 (38:08)	2:42 (40:50)	7:46 (48:36)	3:39 (52:15)	8:18 (1:00:33)	2:17 (1:02:50)
5:02 (1:07:52)	1:25 (1:09:17)	2:46 (1:12:03)	2:44 (1:14:47)	1:51 (1:16:38)	2:40 (1:19:18)
1:05 (1:20:23)	4:02 (1:24:25)	3:23 (1:27:46)	2:55 (1:30:43)	1:58 (1:32:41)	3:12 (1:35:53)
1:22 (1:37:15)					